



THE SUCH PROJECT
Service Users' Complementary Holistic

Winter Newsletter 2009



Deep peace of winter solstice to you...

Deep peace of the falling snow to you

Deep peace of the love of friends to you

Deep peace of the gentle to you

Deep peace of the moon and stars to you

(Author unknown)

Small Steps Work course

We have been running a pre-employment course called 'Small Steps Work' thanks to funding from the South West Foundation. We currently have 14 students on this course, who are enjoying sessions on juicing and healthy eating, guided walks and of course turning their thoughts towards the skills needed for paid or voluntary work. Well done to all our students!

Funding updates

As you may have heard if you have visited the project recently, we were unfortunately not successful in our recent bid to the Big Lottery for funding. Although we did do very well to get short listed (and survive a stressful telephone interview!) the Lottery stated that this funding was very oversubscribed and we were unlucky this time. However, we soldier on! We have been working on a variety of smaller bids to fund our core work at Canal Road, and we will keep you posted as to the results of these. At the moment we have sufficient funding to keep the sessions at Canal Road going until around April 2010. As usual, we ask that you keep your fingers crossed that we will be successful in future bids.

Juicing update

The team have been busy as ever creating new delicious recipes from seasonal fruits and vegetables, for you to sample when you visit us at Canal Road. We do get lovely feedback that you are enjoying these juices, so thank you to our juicers Jo, Susann and Pauline for all your hard work on developing these drinks.

Wards update

We have continued to deliver a service in Rydon, Holford, Pyrland and Phoenix Wards. These sessions are very popular, and we have had great feedback from staff and service users as part of our yearly evaluation. We have Somerset Partnership NHS & Social Care Trust and the Lankelly Chase Foundation to thank for funding this good work. A little bit of good news. There is a possibility that Maggi will be doing more work on wards as Somerset Partnership has expressed an interest in this area. We are also negotiating with Fromeside a medium secure unit in Bristol who would like us to work there and are willing to part fund us and if we can find a grant that can help towards the costs.

Canal Road Clinics

At the moment we have many challenges to face and we have to go with the flow of funding and business opportunities that arise. So SUCH is transforming into doing more work on the hospital side and we continue to seek grants for the community work like keeping our Canal Road Clinic open

Seasons greetings!

We hope you will all have a pleasant and peaceful Christmas and New Year.

The SUCH office will be closed from Thursday 24th December and will reopen on Monday 4th January.

With best wishes,

Maggi

