

# SW Regional Bulletin

## Health & Social Care



## e-Bulletin

November/December 2009 Issue 10

### Unsent Letters Event – October 2009

“Unsent Letters” is a narrative of black and minority ethnic service users in forensic services. As part of a Delivering Race Equality (DRE) collaborative project with HEARTH productions, it tells, in an emotional and vivid way, the ‘revolving door’ journey through forensic services. It also provides an opportunity to learn more about the complexity of the Black and Minority Ethnic (BME) service user experience as well as enhance professional skills by participating in the use of the play as a training tool.



A DVD of “Unsent Letters” is currently in production in partnership with Firstborn Studios CIC, Hearth Productions and the South West Development Centre.

*Cont ....*

#### Contact us

The final pages of this e-Bulletin provide information on how to contact the **South West Development Centre** and the **Department of Health South West**.

## Reflections of the performance

It was a true privilege for me to see the performance of "Unsent Letters" in Bristol in October 2009. It was also a rare opportunity to witness the fruits of a colleague's hard work and dedication. This wonderful piece of forum theatre was co-produced by many people

"Very thought-provoking..."

"one of the best events I have attended...."

with first hand experiences of being in and around the mental health system, from a BME perspective. The open forum style of opening a debate with the audience formed an important part of the whole performance. It was extremely moving and very, very thought provoking. I was one of many who were both moved to tears as well as laughing at some of the great lines which were delivered with such conviction. I felt very proud of everyone who had contributed and was thrilled that I had the opportunity to see it for myself. It was also enriching to have my eyes opened to the challenges that people from black and ethnic minorities face within our communities, including the current mental health system. "Unsent Letters" provides a vehicle through which these concerns can be addressed in practice. This was a truly inspirational performance and a real tribute to the hard work of Francine Bradshaw.

"It reminded me to stop, look and listen, and build relationships at work..."

She has a wonderful spirit and truly dances with life. She has worked alongside many people from black and ethnic minorities since she joined the South West Development Centre. It is a fitting legacy that she is leaving us with as she plans for her retirement and activities in other fields.

"Very stimulating and enjoyable ..."

**Sarahjoy Boldison**  
**Development Consultant - Mental Health Workforce, SWDC**

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# News



## Health Act 2009 receives royal assent

A new law that will help to protect children and young people from the harms of tobacco received Royal Assent on 12 November 2009.

Read more ... <http://www.swdc.org.uk/news/-health-act-2009-receives-royal-assent/>

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## Government takes action on antipsychotic drugs and dementia

A tough new action plan to tackle the over prescribing of antipsychotic drugs to people with dementia has been announced by Care Services Minister Phil Hope.

Read more ... <http://www.swdc.org.uk/news/government-takes-action-on-antipsychotic-drugs-and-dementia/>

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## New declaration enshrines acute care quality care for all

In a first for the UK, mental health patient groups, NHS service providers and staff groups have come together today to launch the first national declaration for people with a mental health crisis.

Read more ... <http://www.swdc.org.uk/news/new-declaration-enshrines-acute-care-quality-care-for-all/>

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## Sir Michael Parkinson's dignity champions reach ten thousand

Thanks to Sir Michael Parkinson's call to action more than 10,000 people have now signed up to be Dignity Champions – all of them committed to playing their part in a movement to put dignity at the heart of care.

Read more ... <http://www.swdc.org.uk/news/sir-michael-parkinsons-dignity-champions-reach-ten-thousand/>

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## More help for dementia research

Scientists in the field of dementia research will get more help to access funding thanks to a new ministerial group, which will drive forward research into the causes, cure and care of dementia, Care Services Minister Phil Hope announced on 6 November 2009.

Read more ... <http://www.swdc.org.uk/news/more-help-for-dementia-research/>

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## Child obesity 'levelling off'

New data shows progress on obesity as Healthy Towns help communities Change4Life. Data published recently suggests the rapid rise in child obesity may be levelling off.

Read more ... <http://www.swdc.org.uk/news/child-obesity-levelling-off/>

# News

## When mums need help most

New research has revealed that, after the understandable flurry in the first eight weeks of motherhood, the period when first-time mums have the most questions about their babies' development can be pin-pointed to five months and one week after they have given birth.

Read more ... <http://www.swdc.org.uk/news/when-mums-need-help-most/>

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## Popular Pregnancy and Parent Guides Updated

New advice on storing breast milk and the best medicines to take during pregnancy are some of the updates the Department of Health has made to its popular Pregnancy and Birth to Five books being relaunched today.

Read more ... <http://www.swdc.org.uk/news/popular-pregnancy-and-parent-guides-updated/>

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## New Consultation on Personal Budgets Launched

Direct payments for healthcare moved a step closer today with a new consultation launched by Care Services Minister Phil Hope.

Read more ... <http://www.swdc.org.uk/news/new-consultation-on-personal-budgets-launched/>

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## Downs Syndrome & Dementia

The number of people with Down's syndrome developing dementia is rising as life expectancy increases. Vern Pitt visits one of the UK's first homes to meet the needs of this group.

Read more ... <http://www.swdc.org.uk/news/downs-syndrome--dementia/>

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## Adult Autism Bill Now Passed

Legal History has been made! The Autism Bill has made it through its last parliamentary stage, and will now become the Autism Act 2009: the first-ever disability-specific law for England.

Read more ... <http://www.swdc.org.uk/news/adult-autism-bill-now-passed/>

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## The 'freeze mob' organised by Helen Hutchings and members of the Trust's Time to Change group

As part of promoting the anti-stigma message The 'freeze mob', organised by Helen Hutchings took place in Princesshay Shopping Centre, Exeter.

Read more ... <http://www.swdc.org.uk/news/the-freeze-mob-organised-by-helen-hutchings-and-members-of-the-trusts-time-to-change-group/>

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## Why we need to banish myths of mental health

LAST year the Devon Partnership Trust saw 25,000 people with mental health problems such as schizophrenia, addictions, anxiety disorders and depression, and 3,100 of these were in Exeter.

Read more ... <http://www.swdc.org.uk/news/why-we-need-to-banish-myths-of-mental-health/>

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# News

## **North East Somerset Arts (nesa) Creative Links project wins government funding**

nesa's Creative Links project is celebrating securing £35,000 of government funding as part of a 'learning for pleasure' innovation spearheaded by the Department for Business, Innovation and Skills (BIS).

Read more ... <http://www.swdc.org.uk/news/nesas-north-east-somerset-arts-creative-links-project-wins-government-funding-bid-to-help-kick-start-the-learning-revolution-in-bath-and-north-east-somerset/>

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## **Career Boost for Local People with Disabilities**

A new centre will celebrate its official opening on Monday 26 October when Gavin Jones, Chief Executive of Swindon Borough Council will join staff, trainees and guests at the Energy2 Centre in Cheney Manor, Swindon.

Read more ... <http://www.swdc.org.uk/news/career-boost-for-local-people-with-disabilities/>

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## **New regulations for health and adult social care providers**

The draft Regulations, issued under the Health and Social Care Act 2008 detail the new framework against which the Care Quality Commission will regulate providers of health and adult social care.

Read more ... <http://www.swdc.org.uk/news/new-regulations-for-health-and-adult-social-care-providers/>







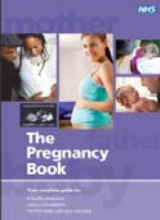
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# Publications



	<p><b>A Summary of Change to Direct Payments</b></p> <p><a href="http://www.swdc.org.uk/silo/files/a-summary-of-change-to-direct-payments.pdf">http://www.swdc.org.uk/silo/files/a-summary-of-change-to-direct-payments.pdf</a></p>
	<p><b>Communities for Health – Unlocking the Energy Within Communities to Improve Health</b></p> <p><a href="http://www.swdc.org.uk/silo/files/communities-for-health-unlocking-the-energy-within-communities-to-improve-health.pdf">http://www.swdc.org.uk/silo/files/communities-for-health-unlocking-the-energy-within-communities-to-improve-health.pdf</a></p>
	<p><b>Getting it Right for Children and Families – Maximising the Contribution of the Health Visiting Team</b></p> <p><a href="http://www.swdc.org.uk/silo/files/getting-it-right-for-children-an-families--maximising-the-contribution-of-the-health-visiting-team.pdf">http://www.swdc.org.uk/silo/files/getting-it-right-for-children-an-families--maximising-the-contribution-of-the-health-visiting-team.pdf</a></p>
	<p><b>World Class Commissioning – Adding Life to Years and Year to Life</b></p> <p><a href="http://www.swdc.org.uk/silo/files/world-class-commissioning--adding-life-to-years-and-years-to-life.pdf">http://www.swdc.org.uk/silo/files/world-class-commissioning--adding-life-to-years-and-years-to-life.pdf</a></p>
	<p><b>Developing a Capable Dual Diagnosis Strategy</b></p> <p><a href="http://www.swdc.org.uk/silo/files/developing-a-capable-dual-diagnosis-strategy-new.pdf">http://www.swdc.org.uk/silo/files/developing-a-capable-dual-diagnosis-strategy-new.pdf</a></p>
	<p><b>Talk Well – Encouraging the Art of Conversation on Mental Health Words</b></p> <p><a href="http://www.swdc.org.uk/silo/files/talk-well.pdf">http://www.swdc.org.uk/silo/files/talk-well.pdf</a></p>
	<p><b>Delivering Same Sex Accommodation DSSA Principles</b></p> <p><a href="http://www.swdc.org.uk/silo/files/delivering-samesex-accommodation-dssa--principles.pdf">http://www.swdc.org.uk/silo/files/delivering-samesex-accommodation-dssa--principles.pdf</a></p>

# Publications

	<p><b>Direct Payments for Health Care – A Consultation on Proposals for Regulations and Regulations and Guidance</b></p> <p><a href="http://www.swdc.org.uk/silo/files/direct-payments-for-health-care--a-consultation-on-proposals-for-regulations-and-guidance.pdf">http://www.swdc.org.uk/silo/files/direct-payments-for-health-care--a-consultation-on-proposals-for-regulations-and-guidance.pdf</a></p>
	<p><b>Equality Impact Assessment Summary Tool and Guidance for Policy Makers</b></p> <p><a href="http://www.swdc.org.uk/silo/files/equality-impact-assessment--summary-tool-and-guidance-for-policy-makers.pdf">http://www.swdc.org.uk/silo/files/equality-impact-assessment--summary-tool-and-guidance-for-policy-makers.pdf</a></p>
	<p><b>Healthy Child Programme – From 5-19 Years Old</b></p> <p><a href="http://www.swdc.org.uk/silo/files/healthy-child-programme--from-519-years-old.pdf">http://www.swdc.org.uk/silo/files/healthy-child-programme--from-519-years-old.pdf</a></p>
	<p><b>Healthy Child Programme – Pregnancy and the First Five Years of Life</b></p> <p><a href="http://www.swdc.org.uk/silo/files/healthy-child-programme--pregnancy-and-the-first-five-years-of-life.pdf">http://www.swdc.org.uk/silo/files/healthy-child-programme--pregnancy-and-the-first-five-years-of-life.pdf</a></p>
	<p><b>Healthy Child Programme – The Two Year Review</b></p> <p><a href="http://www.swdc.org.uk/silo/files/healthy-child-programme--the-two-year-review.pdf">http://www.swdc.org.uk/silo/files/healthy-child-programme--the-two-year-review.pdf</a></p>
	<p><b>Birth to Five Years</b></p> <p><a href="http://www.swdc.org.uk/silo/files/birth-to-five-years.pdf">http://www.swdc.org.uk/silo/files/birth-to-five-years.pdf</a></p>
	<p><b>The Pregnancy Book</b></p> <p><a href="http://www.swdc.org.uk/silo/files/the-pregnancy-book.pdf">http://www.swdc.org.uk/silo/files/the-pregnancy-book.pdf</a></p>

# Publications

	<p><b>Report from the Ministerial Summit on Dementia Care</b></p> <p><a href="http://www.swdc.org.uk/silo/files/report-from-the-ministerial-summit-on-dementia-care.pdf">http://www.swdc.org.uk/silo/files/report-from-the-ministerial-summit-on-dementia-care.pdf</a></p>
	<p><b>Beyond the Storm – Reflections on Personal Recovery in Devon</b></p> <p><a href="http://www.swdc.org.uk/silo/files/beyond-the-storm--reflections-on-personal-recovery-in-devon.pdf">http://www.swdc.org.uk/silo/files/beyond-the-storm--reflections-on-personal-recovery-in-devon.pdf</a></p>
	<p><b>Promoting Mental Wellbeing Through Productive and Healthy Working Conditions</b></p> <p><a href="http://www.swdc.org.uk/silo/files/promoting-mental-wellbeing-through-productive-and-healthy-working-conditions-.pdf">http://www.swdc.org.uk/silo/files/promoting-mental-wellbeing-through-productive-and-healthy-working-conditions-.pdf</a></p>
	<p><b>Use of Resources in Adult Social Care – A Guide for Local Authorities</b></p> <p><a href="http://www.swdc.org.uk/silo/files/use-of-resources-in-adult-social-care--a-guide-for-local-authorities.pdf">http://www.swdc.org.uk/silo/files/use-of-resources-in-adult-social-care--a-guide-for-local-authorities.pdf</a></p>
	<p><b>Achieving Age Equality in Health and Social Care</b></p> <p><a href="http://www.swdc.org.uk/silo/files/achieving-age-equality-in-health-and-social-care.pdf">http://www.swdc.org.uk/silo/files/achieving-age-equality-in-health-and-social-care.pdf</a></p>

# Events

## South West Development Centre & South West Regional Events



### Get Arty with Ernesettle Wellbeing Group

**19 November 2009**

#### Ernesettle Primary Care Centre

Come along and learn how to make clay pots, mobiles and garden sculptures. Taking part in creative activities can boost your mood and confidence. We provide refreshments and you may even make some new friends! If you are a keen gardener and you are willing to share your knowledge on plants we would love your help in improving the surgery garden. Contact [art@creativewellbeing.org.uk](mailto:art@creativewellbeing.org.uk) or Tel: 07905 810509 or visit their website at:

<http://www.creativewellbeing.org.uk> Everyone is welcome. Just turn up! Funding received from Plymouth City Council and Plymouth NHS Mental Health and Wellbeing Community Projects.

### Issues of Belief, Faith and Culture in the Workplace and Community

**24 November 2009**

#### Plymouth

The day aims to provide opportunities to raise awareness and deepen understanding, increase sensitivity, meet people from local faith communities and look at practical ways of promoting awareness and understanding. For further details please see the event poster which can be downloaded at:

[http://www.equalitysouthwest.org.uk/esw/live/events/september/Plymouth\\_Centre.doc](http://www.equalitysouthwest.org.uk/esw/live/events/september/Plymouth_Centre.doc) Please email: [pcfcd@plymouth.gov.uk](mailto:pcfcd@plymouth.gov.uk) for a booking form.

### Developing World Class Mental Health Liaison Services in the South West

**25 November 2009**

#### Hestercombe Gardens, Cheddon Fitzpaine, Taunton, TA2 8LG

Bringing commissioning, acute and specialist services together for the development of and improved access to MH Liaison Services The aims of this event are to: • Explore and learn from positive practice within MH liaison services within the region • Inform our agreed and shared aspirations, including what service users and their supports can expect of MH liaison services in the south west • Make recommendations for the development of local commissioning strategies, service specifications and investment within the region As you are aware, improving MH liaison services is a key objective within the Strategic Framework for Improving Health 2008/09 to 2010/11 ~ Delivery of Ambitions for Mental Health. Mental Health commissioners will already have this date in their diaries. In order to widen the pool of expertise and promote a cohesive approach to this issue we would be grateful if you could pass this Flier on to your colleagues within acute and specialist services with a view to their involvement in this event as well as inviting the service users and/or carers, that you are working with on this issue locally. The Day will include: • Findings from a short scoping Report looking at MH liaison services within the region and across the country • Presentations of examples of good practice from within and out with the region • An opportunity to shape local services by providing space to explore those issues that are of most concern to you right now in taking forward the effective development of MH liaison services Places will be limited so do please let us know who from within your system will be attending this Event by completing the attached Delegate Booking Form and returning to [clare.carter@swdc.org.uk](mailto:clare.carter@swdc.org.uk) by 18 November 2009. If you would like more information regarding this event or would be interested in being part of the small Working Group putting the day together please contact [jo.gajtkowska@swdc.org.uk](mailto:jo.gajtkowska@swdc.org.uk)

# Events

## South West Regional Events

### Get Arty with Ernesettle Wellbeing Group

**26 November 2009**

#### Ernesettle Primary Care Centre

Come along and learn how to make clay pots, mobiles and garden sculptures. Taking part in creative activities can boost your mood and confidence. We provide refreshments and you may even make some new friends! If you are a keen gardener and you are willing to share your knowledge on plants we would love your help in improving the surgery garden. Contact [art@creativewellbeing.org.uk](mailto:art@creativewellbeing.org.uk) or Tel: 07905 810509 or visit their website at: <http://www.creativewellbeing.org.uk> Everyone is welcome. Just turn up! Funding received from Plymouth City Council and Plymouth NHS Mental Health and Wellbeing Community Projects.

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### Leading from within living systems

**2 December 2009**

#### 3rd Floor, Bush House, 72 Prince Street, Bristol BS1 4QD

A facilitated exploration of what our emerging understanding of living systems tells us about leadership. Leadership is the new mantra for change, yet leadership initiatives come and go leaving little enduring capacity for improvement behind. This event is a unique opportunity to take part in a facilitated and highly experiential event where you will: Clarify the outcomes you seek with effective leadership Experience being part of living systems and what this means for our work towards more sustainable futures Share positive experiences of what works in leadership for improvement Reflect on leading-edge thinking on leadership Explore what this means for you at local level Plan action to take forward this important topic in concrete ways Connect with others on a similar journey at and beyond the event. There will be input from: Tim Macartney, Founder of Embercombe and author of "Finding Earth Finding Soul" Wendy Stephenson, CEO at the Converging World and The Third Floor Professor Steve Onyett, expert on leadership development, solution focussed coach, researcher and facilitator. This event will be of value to anyone involved in working towards a more sustainable future, whether or not you have a formal leadership role and want to develop you own leadership, or working to increase leadership capacity within your organisation. To book a place, please go to: <http://tinyurl.com/ylyfuum> or contact Gwyn Jones on 07795632607 or Email: [gwynbryanjones@gmail.com](mailto:gwynbryanjones@gmail.com)

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### Mental Health First Aid Instructor Training - Cohort 24

**28 – 29 Jan 2010 and 10-12 February 2010 and 22-23 February 2010**

#### To be confirmed

Mental Health First Aid Instructor Training consists of 7 days with additional follow up support. The dates for the course are outlined below (each cohort will have up to 12 instructors). Instructors MUST attend all seven dates identified within their chosen cohort. The cost of the Instructors training is £1900 plus VAT. Training dates are: 28 & 29 January 2010, 10, 11, 12, 22, 23 February 2010. Click below for accompanying documentation. <http://www.its-services.org.uk/SWDC/en/mental-health/mental-health/mental-health-first-aid/mental-health-first-aid-materials/>

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### Mental Health First Aid Training - Cohort 25

**23–24 September 2010 and 6-8 October 2010 and 21-22 October 2010**

#### To be confirmed

MHFA Instructor Training consists of 7 days with additional follow up support. The dates for the course are outlined below (each cohort will have up to 12 instructors). Instructors MUST attend all seven dates identified within their chosen cohort. The cost of the Instructors training is £1900 plus VAT. Training dates are: 23 & 24 September 2010, 6, 7, 8, 21, 22 October 2010. Click below for accompanying documentation. <http://www.its-services.org.uk/SWDC/en/mental-health/mental-health/mental-health-first-aid/mental-health-first-aid-materials/>

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# Events

## National Events

### Psychological Therapies in the NHS

**26–27 November 2009**

**Savoy Place, London**

The third annual conference examining the challenges and opportunities of evidence based practice for the Psychotherapy professions. A unique two day event that brings together leading clinicians, policy makers, academics and service users from across the UK, Europe and the US, to consider and debate the future of Psychological Therapies within the NHS.

For further information, please call Hanisha on 020 8541 1399; Email: [hanisha@healthcare-events.co.uk](mailto:hanisha@healthcare-events.co.uk) or visit the website at: <http://www.healthcare-events.co.uk> Download the conference brochure at: <http://www.healthcare-events.co.uk/conf/booking.php?action=home&id=352>

### Children's Health 09 - Ensuring health from 0-19

**26 November 2009**

**QE11 Conference Centre, London**

The health and well-being of children remains on the forefront of the political agenda. Following the government's Healthy Lives: Brighter Futures strategy and subsequent commitments, this arena will see significant change throughout 2009. Children's Health 09: Ensuring Health from 0-19 years will focus on current and future policy, ensuring that all those present are well versed on what matters in this most crucial of agendas.

Full details of this event can be found at: <http://www.govnet.co.uk/children/index.php> or alternatively, you can contact Vicky Bowness on 0161 211 3024 or email [vicky.bowness@govnet.co.uk](mailto:vicky.bowness@govnet.co.uk)

### Whose Pain is it Anyway? Commissioning for Chronic Pain & Empowering Patients

**26 November 2009**

**City of Manchester Stadium, Manchester**

Benefits of commissioning high quality pain management services and what a good service looks like

\* To demonstrate emerging practice and innovation in the commissioning of pain management services centred on the patient perspective

\* To share information on the effectiveness of self-management programmes eg Expert Patient Programme for Persistent Pain and tools available for Self Care

\* To highlight the key role of primary care in the management of chronic pain

\* To improve choice and control for patients in the management of their pain through access to appropriate information Speakers include:

\* Jim Easton, National Director for Improvement and Efficiency, Department of Health. To book a place at the event, please go to: <http://www.dhcarenetworks.org.uk/Events/EventDetail/?eventID=531> The online password is: pain09. If you have any questions about the event, or need assistance in booking your place, please contact the event administrator, Tom Loader on Tel: 0207 972 3049 Email: [tom.loader@ltc-team.org.uk](mailto:tom.loader@ltc-team.org.uk)

### Building A Lasting Future - The IAPT Workforce

**16 December 2009**

**Nottingham**

Celebrating and learning from best practice, innovation and front line experience. A conference for all involved in the development of those delivering IAPT services. For further details, please contact Amy Vollans on Tel: 07810 757356 or Email: [amy.vollans@nmhdu.org.uk](mailto:amy.vollans@nmhdu.org.uk)

# Events

## National Events

### How to Listen So Children Will Talk

**27 January 2010**

**Eastpoint Centre, Burgoyne Rd, Southampton SO19 6PB**

This Training Seminar will explore issues relating to how children try to communicate with those around them that things are not OK. How to listen so children will talk! Children and Young People try to tell or communicate in many ways, many of them not including speech. Adults need to be able to be with a child in a way that enables the child or young person to feel comfortable and heard on many levels. It should not be the child or young person's fault if the adult fails in this and the child or young person is not able to tell or to be heard. It will include information about how children and young people tell, what stops children and young people from telling, neurobiology, blame, shame, 'telling' behaviours and attachment. This will include how to listen when a child or young person has no speech. For further information, please contact CIS'ters Training Office Tel: 023 80 338080 Email:

[admin@cisters.org.uk](mailto:admin@cisters.org.uk) or [gfinch@cisters.org.uk](mailto:gfinch@cisters.org.uk)

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### The Ageing Population Conference 2010

**25 February 2010**

**QEII Conference Centre, London**

This year the government launched 'Building a Society for all Ages' which outlined a series of proposals to help Britain prepare for an enormous demographic change which sees people living longer than ever before. The Ageing Population Conference 2010 will explore these new government initiatives and discuss best practice and key policies to be undertaken by public, private and third sectors which are designed to ensure that older people live longer, healthier and more active lives. It is essential that we act now to address the challenges presented by this shift in society and build a culture where people are not defined by their age, and prejudice does not prevent us from fully harnessing the skills and experience of our older population. The government has also recently published a Green Paper, Shaping the Future of Care Together, which spells out the options for reform, how a new system could be organised and most importantly, how it will be funded. More and more people have care and support needs, which highlight the need for a fair and affordable system. The Ageing Population Conference is the UK's premier event for those involved with meeting the challenges and opportunities of an ageing society. Over 400 key decision makers from across the UK will be present at this high profile and prestigious conference, joining over 20 speakers to discuss the next steps for implementation of key strategies for a society for all ages. Early booking is recommended as demand for places is expected to be high.

To register your interest in attending please contact Amy Green on 0161 211 3028 or email

[amy.green@govnet.co.uk](mailto:amy.green@govnet.co.uk)

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### Living and Learning, Learning and Teaching: Mental Health in Higher Education

**30 March 2010**

**Lancaster University**

The conference title reflects our interest in the connections between lived experience of mental wellbeing and ill health and our learning and teaching in those areas. Abstracts should relate to learning and teaching about mental health within, or associated with, higher education institutions. We are keen to solicit contributions from a wide range of disciplines and perspectives. Submissions are particularly encouraged from service user and carer educators, students and those who are new to formal conference presentations.

Further information can be obtained from: Jill Anderson [j.anderson@lancaster.ac.uk](mailto:j.anderson@lancaster.ac.uk) Tel: 01524 592836 or Nicky Westerby [n.westerby@lancaster.ac.uk](mailto:n.westerby@lancaster.ac.uk) Tel: 01524 594091

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# Contact us

## South West Development Centre



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**Web:** [www.swdc.org.uk](http://www.swdc.org.uk)

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**Children and families lead:** Linda Parker, Programme Director, 07920  
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**System Development lead:** Carrie Morgan, Programme Director, 07900  
905 487, [Carrie.Morgan@swdc.org.uk](mailto:Carrie.Morgan@swdc.org.uk)

**Long Term Conditions lead:** Sandy Clarke , Regional Lead, 07889  
209083, [Sandy.Clarke@ltc-team.org.uk](mailto:Sandy.Clarke@ltc-team.org.uk)

### Contribute to forthcoming e-Bulletins

Please send information, by no later than the first Friday of the month, via email to  
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