

SW Regional Bulletin

Health & Social Care



e-Bulletin

Issue 04, May/June 2009

Data Protection Act Audit within the South West Development Centre

Following the recent changes, the South West Development Centre will shortly be undertaking an audit of the data held on our database to ensure compliance with the Data Protection Act (DPA) and to make sure that recipients of our e-bulletin continue to receive information most relevant to their area of interest and work.

We will be mailing all of our contacts requesting confirmation of information held or amendment where necessary. It is anticipated that the audit will start in July 2009.

Contribute to forthcoming e-Bulletins

Please send information, by no later than the first Friday of the month, via email to carol.prescott@swdc.org.uk.

Contact us

The final pages of this e-Bulletin provide information on how to contact the **South West Development Centre**, **Department of Health South West** and the **Regional Improvement & Efficiency Partnership**.

Contents

Policy Updates

South West Development Centre
Department of Health South West
Regional Improvement & Efficiency Partnership

News

South West Development Centre
Department of Health South West
Regional Improvement & Efficiency Partnership

Publications

South West Development Centre
Department of Health South West
Regional Improvement & Efficiency Partnership

Events

South West Regional Events
National Events

Contact Us

Policy Updates

South West Development Centre

Independent mental health advocates guidance

The DH has published advice in response to questions about whether independent mental health advocates (IMHAs) may access information in patients' health and social services records which would not be disclosed directly to patients, and, if so, whether IMHAs may disclose it to patients.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_098828



News



South West Development Centre

[Guardian Public Service awards](#)

The Guardian Public Service awards will launch on 20 May 2009.

The National Mental Health Development Unit (formerly NIMHE) is sponsoring the Complex needs category for 2009, which is the key one covering mental health.

Further information will be available soon on the Society Guardian website at: <http://society.guardian.co.uk>

[Understanding commissioning for voluntary and community organisations 2nd edition](#)

Rebecca Hardwick has produced a 2nd edition of the report designed to help third sector organisations to understand more about the current focus on them as providers of services and the policy context that is driving this change.

Read more ... <http://www.swdc.org.uk/2009/05/understanding-commissioning-for-voluntary-and-community-organisations-2nd-edition/>

[Pandemic flu: managing demand and capacity in health care organisations \(surge\)](#)

This guidance on managing demand and capacity in health care organisations (surge) is available today (1 May 2009) to NHS organisations as planned.

Read more ... <http://www.swdc.org.uk/2009/05/pandemic-flu-managing-demand-and-capacity-in-health-care-organisations-surge/>

[A Better Future](#)

A consultation on a future strategy to support adults with autistic spectrum conditions to live full and inclusive lives with access to the right care and support.

Read more ... <http://www.swdc.org.uk/2009/04/a-better-future/>

[Generations Together](#)

A demonstrator programme of transgenerational practice - Invitation to Bid for funding and Specifications

Read more ... <http://www.swdc.org.uk/2009/04/generations-together/>

[Change4Life survey: too many children not getting enough exercise](#)

Results from a massive survey of Change4Life families show that almost three quarters (72 per cent) of their children are not getting 60 minutes of daily activity outside of school.

<http://www.swdc.org.uk/2009/04/change4life-survey-too-many-children-not-getting-enough-exercise/>

News

[New strategy for a 21st century social care workforce](#)

Fifty thousand long-term unemployed young people will be helped into social care traineeships thanks to new plans published by the Government today.

Read more ... <http://www.swdc.org.uk/2009/04/change4life-survey-too-many-children-not-getting-enough-exercise/>

[Tackling inequalities from the ground up](#)

A new support team to tackle infant mortality has been launched by Public Health Minister Dawn Primarolo, who said it would help turn the tide on health inequalities.

Read more ... <http://www.swdc.org.uk/2009/04/tackling-inequalities-from-the-ground-up/>

News

Department of Health South West

[£10m to encourage new health innovation and education clusters \(HIECS\)](#)

The Department of Health is inviting applications for partnerships between health, social care, education and business sectors to become Health Innovation and Education Clusters (HIECs), which will deliver high quality care to patients.

Read more ... <http://www.swdc.org.uk/2009/05/10m-to-encourage-new-health-innovation-and-education-clusters-hiecs/>

News

Regional Improvement & Efficiency Partnership

There are no news items in this section this month.

Publications

South West Development Centre



The Bradley Review - Review of People with Mental health Problems or Learning Disabilities in the Criminal Justice System

<http://www.swdc.org.uk/news/wp-content/uploads/the-bradley-review-review-of-people-with-mental-health-problems-or-learning-disabilities-in-the-criminal-justice-system.pdf>



A guide for the management of dual diagnosis for prisons

<http://www.swdc.org.uk/news/wp-content/uploads/a-guide-for-the-management-of-dual-diagnosis-for-prisons.pdf>



Understanding health care markets: A PCT guide to market analysis and market management

<http://www.swdc.org.uk/news/wp-content/uploads/understanding-health-care-markets-a-pct-guide-to-market-analysis-and-market-management.pdf>



Creating An Innovative Culture - Guidance for SHAs: New Duty to Promote Innovation

<http://www.swdc.org.uk/news/wp-content/uploads/creating-an-innovative-culture-guidance-for-shas-new-duty-to-provide-innovation.pdf>



The NHS Performance Framework: Implementation Guide

<http://www.swdc.org.uk/news/wp-content/uploads/the-nhs-performance-framework-implementation-guidance.pdf>

Publications

How to overcome fear and anxiety



How to Overcome Fear & Anxiety

<http://www.swdc.org.uk/news/wp-content/uploads/how-to-overcome-fear-and-anxiety.pdf>



Mental Health, Resilience and Inequalities

<http://www.swdc.org.uk/news/wp-content/uploads/mental-health-resilience-and-inequalities-report.pdf>



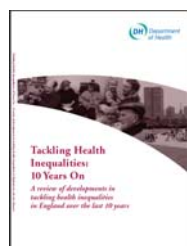
Talking Therapies Explained

<http://www.swdc.org.uk/news/wp-content/uploads/talking-therapies-explained.pdf>



Returning to Work

<http://www.swdc.org.uk/news/wp-content/uploads/returning-to-work-report.pdf>



Tackling Health Inequalities: 10 Years On

<http://www.swdc.org.uk/news/wp-content/uploads/tackling-health-inequalities-10-years-on.pdf>

Publications

Department of Health South West



Working to Put People First: The Strategy for the Adult Social Care Workforce in England

<http://www.swdc.org.uk/news/wp-content/uploads/working-to-put-people-first-the-strategy-for-the-adult-social-care-workforce-in-england.pdf>



Improving Outcomes for People in Shared Living Services

<http://www.swdc.org.uk/news/wp-content/uploads/improving-outcomes-for-people-in-shared-living-services.pdf>

Publications

Regional Improvement & Efficiency Partnership

Events

South West Regional Events



18 May

The Times of Our Lives: Getting Positive About Age

The Taunton Conference Centre, Somerset College of Arts & Technology, Wellington Road, Taunton

This event is for individuals, and for those working in organisations who have a personal and/or professional interest in promoting equality and diversity and tackling age-related discrimination. The aim is to highlight issues of discrimination at both ends of the age spectrum.

For further information and a booking form, please contact Sam Partridge, Email:

Samantha.Partridge@equalitysouthwest.org.uk, Telephone: 01823 250 811, Address: Equality South West, East Reach House, East Reach, Taunton, TA1 3EN. Attendance fees are: £80 for private companies; £60 to public authorities and free to voluntary and community representatives.

21 May

Carers Direct - Information Event

The Teign Suite, Newton Abbot Racecourse, Newton Abbot, Devon TQ12 3AF

This event is for local government, health care and third sector staff who work with carers. Informal and interactive, it will provide an overview and guide to Carers Direct, and look at future developments, for example developing an enhance directory of local services.

If you would like to attend, please visit: <http://www.nhschoicesevents.co.uk> to register. For further information, please contact David McConnell at NHS Choices on david.mcconnell@dh.gsi.gov.uk or Tel: 020 7972 5055.

May 21

BANES Local Involvement Network

7 Green Park Station (Vision Bath) Bath BA1 1JB

The Local Involvement Network is a new way of supporting people to have their say on health and/or social care services. We are holding the above meeting and would encourage individuals, charity's and organisations who have an interest in these local services to come along. For more information contact Carole Pullen on Tel: 0117 9861511 or E-mail: contact@baneslink.co.uk Refreshments will be provided

22 May

Carers Direct - Information Event

The Premier Suite, Bath Racecourse, Lansdown, Bath BA1 9BU

This event is for local government, health care and third sector staff who work with carers. Informal and interactive, it will provide an overview and guide to Carers Direct, and look at future developments, for example developing an enhance directory of local services.

If you would like to attend, please visit: <http://www.nhschoicesevents.co.uk> to register. For further information, please contact David McConnell at NHS Choices on david.mcconnell@dh.gsi.gov.uk or Tel: 020 7972 5055.

4 June

Working With People Who Self-Injure

Central Bristol

Informative and participative one-day workshop. Of interest to workers from statutory and voluntary sector agencies, who work with people who self-injure or who want to learn more about the

For further information or a booking form, please contact 0117 927 9600 bcswh@btconnect.com

Events

South West Regional Events

18 June

Raising Dementia Awareness

Whitbourne House, Whitbourne Avenue, Park South, Swindon SN3 2JX

This event aims to raise awareness in our community for all persons who care for, or work alongside, persons with dementia. Light refreshments will be available throughout the day. In the current climate we are providing this informative day free to all who are interested. If you would like to attend, please confirm your place in one of the following ways: E-mail to - mmacneaney@swindon.gov.uk Phone - 01793 523003 Fax - 01793 523016 Write to Mark Mac Neaney, Whitbourne House, Whitbourne Avenue, Park South, Swindon SN3 2JX

20 June

Emotional Wellbeing in Primary Schools - Recognising Difficulty and Promoting Positive Outcomes

Centre Parcs, Longleat, Warminster, Wiltshire BA12 7PU

Click the link below for further details.

<http://www.swdc.org.uk/news/wp-content/uploads/emotional-wellbeing-in-primary-schools-conference.pdf>

1 July

Sustainability, Arts and Mental Wellbeing Conference

St Mathias Campus, University of the West Of England., Bristol

A partnership event with South West Development Centre, Arts & Health South West and UWE This ground breaking event is designed to bring together artists, health promotion specialists, public health, mental health practitioners and people with lead roles to promote sustainable strategies. The event is free but we are keen to get a cross section of people to attend so the applications will be selected to ensure that we have a mix of people from different organisations. We are inviting teams of up to ten people from each of the patches in the South West Region, to hear from leaders in their fields on the policies and practices that support making connections across sectors to improve mental well being in our communities.

If you are interested in being part of a team in your local area please contact Sarah Joy Boldison on sarahjoy.boldison@swdc.org.uk or mobile: 07775684776 or Leeanne Caldwell on leeanne.caldwell@swdc.org.uk or 01278 432002. Click the link below to download a copy of the flyer

<http://www.artsandhealthsouthwest.co.uk/cmfiles/1558/Sustainability%20Arts%20&%20Mental%20Wellbeing%20Flyer.doc>

1 July

Capacity, Consent and the Law - Mental Capacity Act 2005

The Mount Batten Centre, Plymouth PL9 9SJ

The Mental Capacity Act 2005 (MCA) places a statutory duty on healthcare staff (doctors, dentists, nurses, therapists, radiologists, paramedics etc) to assist individuals who may lack capacity to make their own decisions and permits those who have capacity to plan for a time when they may not, by creating an advance decision or a Lasting Power of Attorney. Research since the introduction of the MCA suggests that clinicians and other healthcare staff know very little about the Principles of the MCA or how they could demonstrate compliance with the MCA. The Deprivation of Liberty Safeguards became effective on the 1st April 2009 and is also part of the MCA. The safeguards apply to people in England and Wales who have a mental disorder and lack capacity to consent to the arrangements made for their care and treatment, which may amount to a deprivation of their liberty in hospitals and care homes. Paul Gantley, Mental Capacity Act Implementation Manager from the Department of Health will be a speaker at this event. For further information about this event please contact: Amanda Williams, Improvement and Development Manager MCA and DOLS - The South West Development Centre Mobile - 07825 843356 or Email - amanda.williams@swdc.org.uk

Events

South West Regional Events

24-26 July

Mindfulness for Health and Well-Being

Sharpham House, Ashprington, Nr Totnes, Devon

Mindfulness-based stress reduction was developed as a way to bring the benefits of mindfulness meditation out from the boundaries of the Buddhist tradition and into mainstream society. It has been shown to help relieve stress-related health problems, and has been combined with elements of cognitive therapy to help people cope with anxiety and depression. Mindfulness is an approach to handling the stresses and strains of life by bringing our full attention to the present moment, in a non-judgmental and accepting way. This weekend retreat offers an opportunity to learn and experience mindfulness through various practices (involving sitting, lying down, or gentle movement) during which we bring attention to our sensations, emotions and thoughts. Much of the weekend will be in silence in order to support a deeper experience of mindfulness practice. Full instructions will be given, and there will be opportunities to share our experiences and to talk about how to take what has been learned back into everyday life. The weekend is open to anyone who is interested in using mindfulness to enhance their health and well-being. The retreat is suitable both for people who already have some experience of mindfulness meditation and would like to deepen their practice, and for people who are completely new to mindfulness practice. It may also be of interest to people working in health and social care who are interested in developing their personal experience of mindfulness as a foundation for exploring its relevance to their work. Duncan and Jenny are experienced clinical psychologists working in South Devon who have practised meditation for many years and have had training in mindfulness-based therapies. They have both facilitated mindfulness courses and workshops with staff and service users in medical and mental health services. The weekend will begin at 6 pm on Friday July 24th and end at around 3 pm on Sunday 26th Cost: £165 inclusive. Advance booking is essential as numbers are limited. Please send a deposit of £50 to secure a place. For more details and to book, contact: The Secretary Sharpham Centre Sharpham House Ashprington Totnes Devon TQ9 7UT Tel: 01803 732542 e-mail: centre@sharphamtrust.org www.sharphamtrust.org/centre

14 November 2009

Emotional Wellbeing in Primary Schools - Recognising Difficulties and Promoting Positive Outcomes

Centre Parcs, Longleat, Warminster, Wiltshire BA12 7PU

Click below for further details.

<http://www.swdc.org.uk/news/wp-content/uploads/emotional-wellbeing-in-primary-schools-conference.pdf>

Events

National Events

19 May

Experiencing Madness – How the Humanities can enhance understanding of mental illness/distress

CBA1.070/071, Chancellor's Building Keele University

This workshop will explore the contribution of Medical Humanities to learning and teaching in the area of mental health. Learning outcomes: Appreciate the value of the Medical Humanities as a vehicle for understanding people's experiences of mental illness/distress. Be able to identify material from literature, cinema and other sources for teaching about mental health and psychiatry to students, whatever their discipline. Have clear ideas about how to use this material in teaching. This workshop should appeal to teachers and students of mental health from a diverse range of disciplines. For further information, please contact Jennifer Banks j.a.banks@hfac.keele.ac.uk 01782 556709

5 June

20th Annual Infancy Conference

The Mansion House, Clifton Down, Bristol BS8 3LJ

Over the last decade Infant Mental Health has increasingly found a place on the national agenda and the government has recognised the critical importance of the early years. Despite this it is still difficult to develop effective infant and perinatal mental health services. This conference will look at some of the developments that have been taking place in trying to take forward this agenda and at some of the problems still faced. It will be of interest to both practitioners and commissioners. For further information, please Tel: 0117 919 0330

11 June

Alcohol, drugs & anti-social behaviour in rural areas: initiatives to turn the tide Nottingham

Rural areas, coastal towns, ex-mining areas and market towns continue to experience significant problems from drug and alcohol abuse, and from associated anti-social behaviour. Home Office funding, which was recently announced for 50 priority areas with the highest levels of alcohol-related disorder, included places such as North East Lincolnshire, Weymouth and Mansfield. This conference is a practically focussed event which brings together a wide range of expertise on rural substance misuse and anti-social behaviour. It is a fantastic opportunity for delegates to gain an insight into other rural initiatives, and to network with other delegates and with the speakers. To book a place – or to request a printed programme: • ring Central Conference Consultants Ltd on 0115 916 3104 or email ccclimited@aol.com or book direct on the website <http://www.ccclimited.org.uk>

16-17 June

Solutions Focused Negotiation

Missenden Abbey Conference Centre, London Road, Great Missenden, Buckinghamshire HP16 0BD

The Solutions Focused Negotiation course will give participants:

- the "ART" criteria for effective negotiations,
- the "MAGIC" negotiation model,
- ample opportunity for skill-development on real-life negotiation challenges.

The course is suitable for: commissioners, service providers, procurement teams and managers

For further information, please visit <http://www.sfwork.com/jsp/index.jsp?lnk=460> To book a place or to discuss your particular needs call Sfwork on 08453 707145

Events

National Events

June 18

Security Issues in Forensic Mental Health Settings

The Law Society, 113 Chancery Lane, London WC2A 1PL

This multidisciplinary conference is aimed at attracting nurses, psychiatrists and healthcare managers who work in and manage secure mental health services. It will focus on the broad principles underlying security in forensic settings as well as new developments in the field. There will also be an emphasis on relational security including professional boundary violations. Speakers will also explore how standards across the different settings can be established, implemented and safeguarded. Our speakers come from a variety of clinical, security and administrative backgrounds. The conference should deliver an up to date review of an important and controversial area, and should be of practical benefit to delegates in their clinical and managerial responsibilities. For further information, please visit: <http://www.iop.kcl.ac.uk/events/?id=754>

18 June

Gender on the Agenda

London

This event will offer a policy briefing and debate on gender and skills focusing on the unacknowledged gendering of the skills agenda, the particular ways in which the recession will impact on women and the implications of this for learning and skills policy and practice.

For further information, please contact, Gurjit Kaur gurjit.kaur@niace.org.uk Tel: 0116 204 2833 To view the full flyer and booking form, please visit: <http://www.niace.org.uk/sites/default/files/GenderOnAgenda.pdf>

19 June

The Service User Experience - Different ways of bringing this to the fore in Mental Health Teaching

The Training Room, Medical Annexe, The Radbourne Unit, DCGH, Uttoxeter Road, Derby DE22 3NE

This practical workshop will demonstrate and discuss 3 different ways of bringing the experience of service users into medical student education.

- Volunteer Patient Session
- The use of simulated patients
- Using Movies

It will draw on the experience of the teaching team at the Radbourne Unit (psychiatric unit), Derby City General Hospital and include the input of the service users and volunteer patients who have worked to develop this project. For further information email mary.wheatcroft@derbymhservices.nhs.uk or to book a place, please contact Melanie Spencer on 01332 623932 or email: melanie.spencer@derbymhservices.nhs.uk

24 June

Innovation in Mental Health Seminar

Hallam Conference Centre, Hallam Street, London W1W 6JF

This event aims to provide delegates with 'good working practice' case study examples of the implementation of innovation in mental health projects. Presenters have been recognised in the HSJ 2008 Awards programme for their work. Hear about their practical experience, the benefits achieved and have the opportunity to examine how their work may be transferred to other healthcare service providers. Click the link below to view or download the full brochure and booking form <http://www.swdc.org.uk/news/wp-content/uploads/innovation-in-mental-health-seminar.pdf>

Events

National Events

June 24

Reducing Crime and the Fear of Crime: Building Public Confidence through Community Engagement One Whitehall Place at The Royal Horseguards, Westminster, London

This special one-day conference, hosted by the Centre for Parliamentary Studies, provides a timely opportunity to examine the twin targets of reducing crime and increasing public confidence through effective partnership working across all sectors involved in early intervention and re-offending, in order to provide improved, coordinated and consistent services. Delegates will debate, share best practice and network with colleagues from across the community safety, social services and education sector, discussing innovative solutions to reducing the fear of crime and strengthening partnership working within the community. Further information is available from: 14 Great College Street, London SW1P 3RX Tel: 0845 606 1535 Fax: 0845 606 1539 Email:

info@publicpolicyexchange.co.uk

30 June

Strategies for an Ageing Population Business Design Centre, London

Following discussion with government stakeholders involved with the ageing agenda this event has produced a programme that aims to bring participants up-to-date with the latest major policy developments taking place to address the challenges and opportunities of an ageing society. In addition, a series of locally based case studies will home in on the local success stories as policy turns to action. Strategies for an Ageing Population will provide networking opportunities with over 400 key decision-makers from across the UK, joining 20 speakers and 19 exhibitors to discuss the latest topics impacting upon multi-agency work across a broad spectrum of services affected by the ageing population.

For further information or to book a place, please go to: <http://www.govnet.co.uk/ageing/index.php>

1 July

How to Listen So Children Can Talk Eastpoint Centre, Burgoyne Rd, Southampton SO19 6PB

Children and Young People try to tell or communicate in many ways, many of them not including speech. Adults need to be able to be with a child in a way that enables the child or young person to feel comfortable and heard on many levels. It should not be the child or young person's fault if the adult fails in this and the child or young person is not able to tell or to be heard. It will include information about how children and young people tell, what stops children and young people from telling, neurobiology, blame, shame, 'telling' behaviours and attachment. This will include how to listen when a child or young person has no speech..

For further information and for a booking form, please contact: Tel: 023 80 338080 or Email: admin@cisters.org.uk or gfinch@cisters.org.uk

7 July

Appreciative Leadership for Sustainable Improvement Altitude Broadcasting and Corporate Studios, London

This is a unique opportunity for you to take part in a facilitated and highly experiential event on an issue of key importance. Click the link to download or view the event brochure.

<http://www.kevinskinner.co.uk/documents/KSL%20appreciative%20leadership%20brochure.pdf>

Events

July 14

The Equality and Human Rights Commission: Delivering Fairness for All

The Academy Conference Centre, Holiday Inn, Regents Park, London

With the launch in 2007 of the Equality and Human Rights Commission, the Government signalled a new era of championing equal opportunities for all, the protection of human rights and tackling discrimination at all levels and on all grounds be it race, gender, disability, age, sexual orientation, sexual identity, religion or belief. With the EHRC now well into its second year of operation, this major one-day conference, hosted by the Centre for Parliamentary Studies, will provide local practitioners with a valuable insight into how the Equality Body's vision, mission and priorities will be delivered. The conference will consider how the EHRC will safeguard the work of the legacy Commissions, incorporate the seven 'strands' of equality into a multidimensional framework and maintain a leading role in the reform process. Furthermore, with public and private sector organisations alike currently navigating through difficult economic times and with new legislation on the horizon in the shape of the Equality Bill, the conference will consider how equality can be 'future-proofed', as the EHRC continues its work to build a strong, independent champion for equality and human rights in Britain. • Maintaining Compliance and 'Future-Proofing' Equality and Human Rights • Recognising Multiple-Identities, Developing a Multi-Dimensional Framework • The Challenge for Local Authorities, Public Bodies and Employers • Preparing for New Legislation: Update on the Equality Bill As well as networking with colleagues from across the equality and human rights landscape, delegates will have the opportunity to debate, share best practice and explore how fresh challenges can be met locally to tackle discrimination on all grounds, promote equality and deliver fairness for all. For further information please contact the Centre for Parliamentary Studies, 14 Great College Street, London SW1P 3RX, Tel: 0845 606 1535, Email: info@publicpolicyexchange.co.uk

20-22 July

IAHSA 09 Conference - Leadership Beyond Borders

Queen Elizabeth II Conference Centre, London

This conference offers three days of education and networking opportunities that will bring the conference theme - Leadership Beyond Borders - alive! Each day participants choose from a wide array of educational sessions that will expose them to international perspectives on common challenges and opportunities in the ageing services sector. Highlights of this conference include two new programme features: Poster Sessions and Global Cafés. These unique sessions will give you the opportunity to engage with your colleagues and exchange ideas and best practices in a casual and relaxed setting. Session Abstracts to help participants select which sessions to attend out of more than 75 educational offerings presentation abstracts have been added to the website. Click the link below to visit the website at: <http://www.iahsa.net/LONDON/internalpage.aspx?id=5512&linkidentifier=id&itemid=5512>

Contact us

South West Development Centre



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Contact us

Regional Improvement & Efficiency Partnership



SW Regional Improvement & Efficiency

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