

SW Regional Bulletin

Health & Social Care



e-Bulletin

Issue 02, March 2009

For those following our developments and evolution over the last few months, you will know that from the end of this month, Care Services Improvement Partnership will cease to exist as a national organisation although most of its Regional Development Centres will continue in a variety of different formats meeting the needs of the local area in which they operate.

Within the South West, we will continue under the banner of the South West Development Centre but will be changing e-mails, etc to reflect these new conditions. We will be commissioned by the South West Strategic Health Authority working in partnership with the Deputy Regional Director, Adult Social Care and Partnerships in DH SW and the Association of Directors of Adult Social Services. Over the next two months we will be reconfiguring some of the areas in which we work and locating them in the Government Office of the South West with the DRD as a more appropriate way of delivering that support. More details in future newsletters.

The development of next years business plan will build on the experience and skills of our staff within the Development Centre and on the relationships we have built in the South West over the last 6 years with providers, commissioners, 3rd sector, carers and people who use the services.

Paddy Cooney
Director, South West Development Centre

Contribute to forthcoming e-Bulletins

Please send information, by no later than the first Friday of the month, via email to carol.prescott@csip.org.uk.

Contact us

The final pages of this e-Bulletin provide information on how to contact the [South West Development Centre \(CSIP\)](#), [Department of Health Social Care](#) and the [Regional Improvement & Efficiency Partnership](#).

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Policy Updates

There are no policy updates this month.



News

South West Development Centre (CSIP)



New Agency For a New Era in Mental Health

A new agency to ensure national mental health policies bring about real improvements for patients and carers will start work on 1 April, Care Services Minister Phil Hope announced today. The new agency - the National Mental Health Development Unit - will succeed the current National Institute for Mental Health in England.

Read more ... <http://www.southwest.csip.org.uk/news/?p=352>

The Maze Advocacy Project - A national young people's mental health project

First Ever Guide to Developing Children's Advocacy Services is Launched.

As a response to the increase in mental health problems among children and young people and the need for services that suit the lives of young people today, The Maze Advocacy Project has just launched Through the Maze: A guide to developing advocacy services for young people experiencing emotional or mental health issues.

Read more ... <http://www.southwest.csip.org.uk/news/?p=350>

Individual budgets benefit carers

Individual budgets can greatly improve carers' quality of life when compared with carers of people using conventional social services, new independent research has shown.

They can allow carers more control and flexibility in their daily routines, and some carers said individual budgets also improved quality of life for the person they were looking after.

Read more ... <http://www.southwest.csip.org.uk/news/?p=347>

Teens hold the key to quitting

The results of a survey conducted on teenagers with parents that smoke reveal that 46 percent of those interviewed are more worried about their parents smoking than anything else in their lives.

The research is being released to coincide with the launch on Monday 23 February of a new NHS smokefree advertising campaign based on teenagers' worries about their parents' smoking.

Read more ... <http://www.southwest.csip.org.uk/news/?p=345>

Get well soon - without antibiotics

The Government launches a campaign to fight against infections.

The latest phase in a campaign to remind the public that antibiotics do not help to treat viral infections such as cough's, colds and a sore throat was launched today by the Chief Medical Officer for England.

Press adverts and posters will appear in newspapers and magazines from today are aimed at patients and Clinicians and are intended to reduce unnecessary requests for antibiotics from patients. The campaign forms part of the Government's strategy to tackle the increasing problem of antibiotic resistance which could make treatment for common bacterial infections such as pneumonia much more difficult in the future.

Read more ... <http://www.southwest.csip.org.uk/news/?p=342>

Launch of Clinical Commissioning: A Vision for Practice Based Commissioning

A renewed vision for Practice Based Commissioning (PBC), and how it relates to World Class Commissioning, was unveiled today at a special event hosted by the King's Fund and the Department of Health.

Read more ... <http://www.southwest.csip.org.uk/news/?p=339>

New guidance for commissioners and public and mental health promotion leads

Poor mental health affects everyone. The cost to society is predicted to double to over 10% of GDP by 2026 and mental illness has a major impact on overall health inequalities.

Read more ... <http://www.southwest.csip.org.uk/news/?p=336>

Rethink Launch a New Helpline Service in Gloucestershire

Rethink, the leading national mental health membership charity, works to help everyone affected by severe mental illness recover a better quality of life. In Gloucestershire Rethink are about to launch a new telephone helpline service for people who self-harm, their friends, families and carers.

Read more ... <http://www.southwest.csip.org.uk/news/?p=331>

Publications

South West Development Centre (CSIP)



Children & Families

Healthy lives, brighter futures – The strategy for children and young people’s health

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_094400?IdcService=GET_FILE&dID=184390&Rendition=Web

Mental Health

Advocacy

New Headspace Toolkit (Web Resource)

<http://www.headspacetoolkit.org/>

Toolkit

<http://www.headspacetoolkit.org/downloads.htm>

Making decisions: The Independent Mental Capacity Advocate (IMCA) service

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_095891?IdcService=GET_FILE&dID=187287&Rendition=Web

Commissioning

Securing better health for children and young people through world class commissioning - A guide to support delivery of Healthy lives, brighter futures: The strategy for children and young people’s health

<http://www.southwest.csip.org.uk/silo/files/securing-better-health-for-children-and-young-people-through-world-class-commissioning.pdf>

Healthy lives, better futures - The strategy for children and young people's health

<http://www.southwest.csip.org.uk/silo/files/healthy-lives-brighter-futures--the-strategy-for-children-and-young-peoples-health.pdf>

Care Quality Commission's consultation on reviews in 2009/10

<http://www.southwest.csip.org.uk/silo/files/healthy-lives-brighter-futures--the-strategy-for-children-and-young-peoples-health.pdf>

Code of conduct for Payment by Results: from 1 April 2009

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_096351?IdcService=GET_FILE&dID=188045&Rendition=Web

Learning Disabilities

Improving the patient experience: sharing success in mental health and learning disabilities - the King's Fund's Enhancing the Healing Environment programme

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_095947?IdcService=GET_FILE&dID=187381&Rendition=Web

Legislation

Mental Capacity Act (Deprivation of Liberty: Monitoring and Reporting; and Assessments - Amendment) Regulations 2009 - response to the consultation

http://www.dh.gov.uk/en/Consultations/Responsestoconsultations/DH_095178?IdcService=GET_FILE&dID=185994&Rendition=Web

Mental Capacity Act 2005 Deprivation of Liberty Safeguards: A guide for family, friends and unpaid carers

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_095895?IdcService=GET_FILE&dID=187288&Rendition=Web

Social Inclusion

Outcomes Framework for Mental Health Services - National Social Inclusion Programme 2009

<http://www.southwest.csip.org.uk/silo/files/outcomes-framework-for-mental-health-servoces.pdf>

Briefing 37: Doing What Works - Individual placement and support into employment

http://www.scmh.org.uk/pdfs/briefing37_Doing_what_works.pdf

Events

South West Regional Events

March 30

**South West Valuing People Now launch event
Somerset County Cricket Club**

For further information contact: Tel: 01179001764

Heather.Vernon@gosw.gsi.gov.uk



April 1

Quality and Outcome Framework in a Prison Environment

Lyngford House

Whether you are a commissioner or provider of prison healthcare services, the Quality and Outcome Framework toolkit will support the continuous improvement of primary care services in prisons. This intensive one day course will help you to understand the principles of the Quality and Outcome Framework and learn how to implement this in your own prison environment. Health Authority Leads for Prison Healthcare, PCT Chief Executives, Commissioning Managers and Prison Commissioners are strongly recommended to attend! For more information about the course, please visit:

http://www.publicinnovation.org.uk/data/files/qof_in_a_prison_environment_london_5_feb_09.doc

To book a place online click the following link

http://www.publicinnovation.org.uk/data/files/qof_in_a_prison_environment_london_5_feb_09.doc

For more information, please email enquiries to Nazanin Zaghari at nazanin.zaghari@publicinnovation.org.uk or call on 020 7922 7824.

April 22

Frame Work Event

Dorset

Migrating from the Local Government Equality Standard to the New Equality Framework In April 2009, the Equality Standard for local government becomes the new Equality Framework. RIEP South West are organizing two free events in April and May in Dorset and Bristol. The objectives of the day are: to ensure that authorities understand the difference between the Equality Standard for Local Government (ESLG) and the new Equality Framework for Local Government (EFLG) to give participants an opportunity to explore the different aspects of the EFLG to provide participants with positive examples of innovative equalities initiatives across the public sector The day will be facilitated by Anjali Arya, Equality Consultant and co-author of the Equality Framework for Local Government and RIEP consultants. This event is aimed at Equality, Performance Review and Policy Officers as well as senior managers responsible for the equality agenda. It will be of particular benefit for those charged with taking their authority forward against the new Equality Framework To Register Please complete an application form and return to Diana Blake by 8 April by post to: Equality South West, East Reach House, East Reach, Taunton, Somerset, TA1 3EN, or by fax to 01823447398. Download an application form from:

http://www.southwestiep.gov.uk/Resources/SWCOE/Documents/Events/SW%20RIEP%20Event_Application_Form%20Amended%202.pdf

Events

April 23

Is Sex a Dirty Word? -The Challenge of Managing Sexuality in Mental Health

The Bristol Hotel, Bristol

This conference is aimed at all clinicians and policy makers and will explore the subject of sexual relationships between people with serious mental health problems. There will be an emphasis on how best to balance patient needs with risk in the context of changing legislation and developing local policy. These issues will be discussed with a view to developing a service responsive to patient needs in longer term inpatient settings such as rehabilitation and secure units. Speakers will address issues of human rights versus protection and vulnerability and how to develop local policy and protocol. Our key speaker, Dr Phil Hammond, will lead the conference in exploring the difficulties of addressing sexual issues in an open and professional manner. Aims of the Conference Delegates attending the conference should gain an understanding of:

- The complexity of the issues around sexual relationships between patients
- The relevant legal issues
- The barriers to discussing a difficult subject with colleagues and service users
- The current research and state of policy development in the UK
- Their own views and attitudes to an emotive issue

Through debate it is hoped that delegates will have an opportunity to challenge their own beliefs and hear a variety of views from the conference speakers and other delegates. For further information, please contact Karen Sharp on Tel: 020 8810 2597 email: karenssharp@cygnethealth.co.uk

April 23

Men Who Hurt

The Sabin du Loir Conference Suite, Exeter Racecourse, Kennford, Exeter, EX6 7XS

This one day in service training offers a framework for understanding and working with men who hurt. It draws upon relational and cognitive analytic therapy coupled with a sociological understanding of the factors that produce violence to self and others within the context of masculine identities in contemporary society. Workshop leaders: Steve Potter and Dr. Karen Shannon have been working extensively to develop a framework for working with Men who Hurt with an emphasis on the relational origins and maintenance of patterns of violence in both self and society. They are based in the North West of England and use CAT to train people working in forensic settings as well as teaching and supervising psychotherapy more generally. In addition, Karen works with male offenders who pose risks to themselves and members of the public as well as significant challenges to criminal justice and health agencies. She helps professionals and the systems surrounding these clients to understand and formulate helpful responses. Discussant: Dr Jason Hepple, CAT psychotherapist Cost: £75.00 + VAT (total £86.25) inclusive of refreshments and lunch Applications on accompanying form to Caroline Howard, Administrator, Psychological Therapies Service, Parkgate House, Taunton, Somerset, TA1 3ES, or by email to Caroline.Howard@sompar.nhs.uk el: 01823 346134

May 7

Joint Strategic Needs Assessment: Learning Together

Holiday Inn, Taunton

The workshop provides an opportunity for people involved in all aspects of Joint Strategic Needs Assessment, from data analysis to commissioning, to discuss progress and challenges, to share experiences and to learn from each other.

For more information, please contact Rachel Juffs, 0117 900 3534, Rachel.juffs@gosw.gsi.gov.uk Pamela Akerman, 0117 900 3511, pamela.akerman@gosw.gsi.gov.uk DH South West, Government Office South West, 2 Rivergate, Temple Quay, Bristol BS1 6EH

Events

May 14

Working With People Who Self-Injure

Central Bristol

Informative and participative one-day workshop • Of interest to workers from statutory and voluntary sector agencies, who work with people who self-injure or who want to learn more about the issue • A chance to discuss and share experiences • An opportunity to learn from our extensive work with women who self-injure Topics covered will include: * Why do people self-injure? * What are their needs? * What issues does self-injury raise for workers? * Responding helpfully For further information or a booking form, please contact 0117 927 9600 bcsw@btconnect.com

May 12

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Bristol

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Events

National Events

March 23

Deprivation of Liberty Safeguards

Kings College, London

The Deprivation of Liberty Safeguards will have a considerable impact on NHS, PCT and local authority staff. In 2004, the Bournemouth judgment in the European Court of Human Rights made a clear statement; a person lacking capacity could not be kept in an environment which detained them without formal legal authority. In other words an 'informal' or 'voluntary' admission of those lacking capacity to consent to admission was unlawful if the person was subject to care conditions that were so restrictive it effectively resulted in their detention. The Deprivation of Liberty Safeguards (DOLS) which amend the Mental Capacity Act are designed to resolve the 'Bournemouth gap'. The DOLS will ensure that where a person lacks capacity and the Mental Health Act is not or cannot be used to secure their detention, there is a viable legislative alternative. Without it, those placing or keeping someone lacking capacity in care homes and hospitals under certain conditions without legal authority can face legal challenge. Staff need to know how the new legislation will affect them, their working practices and the people they provide services for. This course provides the essential knowledge that staff need in order to work with and implement DOLS effectively and ensure compliance with the legislation. Practical issues in using the legislation are addressed.

For further information, please contact Matrix Training Associates (email: office@matrixtrainingassociates.com or Tel: 01256 398929. For online booking go to: <http://www.matrixtrainingassociates.com/training.html#9>

March 24

What works for women and those who care for them

St Andrew's Healthcare, Northampton

Despite advancements in services for woman experiencing social adversity, trauma, abuse and mental health difficulties, individuals and teams working within this often challenging area know there are considerable improvements still to be made. Aimed at a multi-disciplinary audience, this conference is relevant to those caring for women utilising both mental health and learning disability services, whether young or old. Delegates will be able to hear from leaders within the field, share knowledge with others and participate in workshops, providing an opportunity to gain practical skills and knowledge in relation to a range of interventions. View the full brochure at: <http://www.southwest.csip.org.uk/silo/files/what-works-for-women-and-those-who-care-for-them.pdf>

March 26

IAPT For Deaf People

Deaf Cultural Centre, Ladywood Road, Birmingham B16 8SZ

A one day conference for Mental Health Commissioners, IAPT Leads, Psychological Therapy Service Managers, Equality and Diversity Officers and all mental health professionals with responsibility for the provision of services for deaf people. Full details are available on the BSMHD website at: <http://www.bsmhd.org.uk> To book your place or for further details contact: BSMHD, Westwood Park, London Road, Little Horkesley, Colchester, CO6 4BS Tel/SMS: 07880 715427 Fax 07876 835857 Email: info@bsmhd.org.uk

April 7

Outcome-Based Commissioning & Contracting

CAN Mezanine, 32 - 36 Loman Street, Southwark, London SE1 0EE

Pressure is growing on organisations to deliver tangible and evidence based outcomes from their investment. Amongst other areas, the Department of Health's World Class Commissioning agenda is focusing the attention of the health economy on outcome thinking. This intensive one day course will teach you outcome based commissioning and contracting skills and how to apply them to a range of health and social care services. Click the link below for further information.

http://www.publicinnovation.org.uk/data/files/outcome_based_commissioning_and_contracting2009flyer.doc

Events

National Events

April 22

Mental Health First Aid Instructor Training Swindon

There will be 12 places available for the next Instructor training to support the roll out of Mental Health First Aid in England. This will take place in Swindon and runs for seven days in total. You need to attend all seven days to become an Instructor. The course dates are as follows: 22 & 23rd April, 19, 20 & 21 May 2009, 2 & 3 June 2009 There will be a charge of £500 per place for the statutory sectors and £250 for third sector organisations. To apply you need to go to the website <http://www.mhfaengland.org.uk> The applications forms and the letter of support from your line manager are all on this site. If you wish to talk about the course please call Sarah Joy Boldison on 07775684776 or e-mail her at: sarahjoy.boldison@csip.org.uk We will be running another Instructor course in Exeter in the Autumn -dates yet to be finalised.

April 23

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May 19

Experiencing Madness – How the Humanities can enhance understanding of mental illness/distress CBA1.070/071, Chancellor's Building Keele University

This workshop will explore the contribution of Medical Humanities to learning and teaching in the area of mental health. Learning outcomes: Appreciate the value of the Medical Humanities as a vehicle for understanding people's experiences of mental illness/distress. Be able to identify material from literature, cinema and other sources for teaching about mental health and psychiatry to students, whatever their discipline. Have clear ideas about how to use this material in teaching. This workshop should appeal to teachers and students of mental health from a diverse range of disciplines. For further information, please contact Jennifer Banks j.a.banks@hfac.keele.ac.uk 01782 556709

June 5

20th Annual Infancy Conference The Mansion House, Clifton Down, Bristol BS8 3LJ

Over the last decade Infant Mental Health has increasingly found a place on the national agenda and the government has recognised the critical importance of the early years. Despite this it is still difficult to develop effective infant and perinatal mental health services. This conference will look at some of the developments that have been taking place in trying to take forward this agenda and at some of the problems still faced. It will be of interest to both practitioners and commissioners. For further information, please Tel: 0117 919 0330

Events

June 19

The Service User Experience - Different ways of bringing this to the fore in Mental Health Teaching

The Training Room, Medical Annexe, The Radbourne Unit, DCGH, Uttoxeter Road, Derby DE22 3NE

This practical workshop will demonstrate and discuss 3 different ways of bringing the experience of service users into medical student education. * Volunteer Patient Session * The use of simulated patients * Using Movies It will draw on the experience of the teaching team at the Radbourne Unit (psychiatric unit), Derby City General Hospital and include the input of the service users and volunteer patients who have worked to develop this project. For further information email mary.wheatcroft@derbymhservices.nhs.uk or to book a place, please contact Melanie Spencer on 01332 623932 or email: melanie.spencer@derbymhservices.nhs.uk

July 1

How to Listen So Children Can Talk

Eastpoint Centre, Burgoyne Rd, Southampton SO19 6PB

How to listen so children will talk ! Children and Young People try to tell or communicate in many ways, many of them not including speech. Adults need to be able to be with a child in a way that enables the child or young person to feel comfortable and heard on many levels. It should not be the child or young person's fault if the adult fails in this and the child or young person is not able to tell or to be heard. It will include information about how children and young people tell, what stops children and young people from telling, neurobiology, blame, shame, 'telling' behaviours and attachment. This will include how to listen when a child or young person has no speech.

Who Should Attend: This seminar will benefit anyone who works with or cares for children and young people, whether a parent or a professional. It will be particularly useful for: social workers, teachers, police, staff working within CAMHs or Connexions or SureStart or Youth Advisory Services, child protection leads/agencies, psychotherapists, psychologists, psychiatrists and counsellors working within the statutory and non-statutory sector.

Event Organisers: CIS'ters Training Office Tel: 023 80 338080 Email: admin@cisters.org.uk or gfinch@cisters.org.uk ABOUT THE TRAINER Norma Howes is a Social Worker, Child Forensic Psychologist and Sensorimotor Psychotherapist. Norma is involved in training police, social workers, health and education staff on all aspects of childhood trauma and abuse. She has a private practice working with adults and children most of whom have experienced severe childhood trauma. She has worked in the field of trauma, mental health and dissociation for more than twenty years and has researched the impact of dissociation on memory and the implications this has for both civil and criminal court proceedings. Norma was also a member of a Child Trauma Team one day a week for twelve years where she was involved in both assessment and therapeutic services for children who had experienced Type 1 and Type 2 trauma. She has a special interest in the impact of trauma, abuse and dissociation on attachment and consequent behaviours following child abuse and domestic violence. Cancellation: Cancellations received in writing before 31st May 2009 will be entitled to a 75% refund. We regret that refunds cannot be refunded after this date as we will be financially committed. Programme alteration: We will endeavour to notify all delegates in advance should there be any unexpected change to the programme. For further information and for a booking form, please contact: Tel: 023 80 338080 or Email: admin@cisters.org.uk or gfinch@cisters.org.uk

Contact us

South West Development Centre

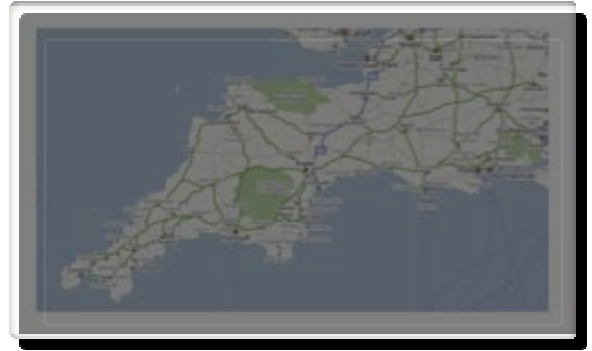
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Children and families lead: Linda Parker, Regional Change Agent
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Health and social care in criminal justice lead: Lynn Emslie, HSCCJ
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Commissioning lead: Carrie Morgan, Senior Development Consultant,
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Contact us

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Contact us

Regional Improvement & Efficiency Partnership



SW Regional Improvement & Efficiency

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