



Bulletin

May 2008
Issue 31

CSIP South West has recently changed to a new computing system. To contact CSIP employees please use the following email combination
Firstname.Surname@csip.org.uk
(e.g. carol.prescott@csip.org.uk)

National News

Health Minister gives support to joint initiative with The FA.

The Football Association has recently launched a new section on TheFA.com website, dedicated to using the power of football to improve mental health. (<http://www.thefa.com/TheFA/Equality/MentalHealth/>)

Click below to read the full news article.

<http://www.southwest.csip.org.uk/silo/files/fa-and-mental-health-news-article.pdf>

BBC

BBC Headroom - two year mental health and well-being campaign

BBC Headroom is a two year mental health and well-being campaign. The campaign launches in May and will be the focal point for a wide range of BBC programmes and events. The main aim is to encourage the widest possible audience to understand more about mental health and take simple steps to look after their own wellbeing.

Click below to view full article.

<http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=38260&grp=1>

National Library for Public Health Launched

This specialist library provides free access to key evidence relating to public health. The launch coincides with the national knowledge week and annual evidence update on childhood obesity

Click below to visit the site.

<http://www.library.nhs.uk/publichealth/>

National Social Inclusion Programme

Specification for the Development of a Service User and Carer Delivered Evaluation Tool to Assess Organisational Capabilities for Inclusive Practice – Tender Applications Sought

The main aim of this project is to build on the *Capabilities for Inclusive Practice* (CfIP) framework, developing a tool to evaluate a mental health provider trust or Local Implementation Team (LIT).

Click below for further information and an application to tender.

<http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=38262&grp=1>

South West News

Somerset St John Ambulance
Carer Support Programme

Somerset St John Ambulance with support from Somerset County Council provide a carer support programme to help people in a caring role. The programme is provided **free of charge** and includes lunch.

The programme is open to all carers over the age of 18 who provide voluntary care. The courses are run as four three hour sessions from 10.30am -1.30pm, including lunch, over four-five weeks.

For further information, please visit the website below or contact Jude Glide on 01823 345922

<http://www.sja.org.uk/sja/counties/somerset/carers-support-program.aspx>

Publications & Resources

Mental Health Europe

From Exclusion to Inclusion – The Way Forward to Promoting Social Inclusion of People with Mental Health Problems in Europe

This report presents an overview of the situation of social inclusion of people with mental health problems across 27 Member States of the European Union.

Click below to view or download a copy of this document.

<http://www.southwest.csip.org.uk/silo/files/from-exclusion-to-inclusion--the-way-forward-to-promoting-social-inclusion-of-people-with-mental-hea.pdf>

Social Care Institute for Excellence (SCIE) **Resource guide 10: Commissioning and providing mental health advocacy for African and Caribbean men**

This on-line resource guide is to provide pointers for commissioners and providers of advocacy services to ensure that African and Caribbean men have access to appropriate high-quality mental health advocacy. Appropriate advocacy services contribute to countering the effects of social exclusion and discrimination, which have been identified as significant issues for these men in their engagement with mental health services.

Click below to view the resource guide.

<http://www.scie.org.uk/publications/resourceguides/rsg10/index.asp>

Social Care Institute for Excellence (SCIE) **Practice guide 09: Dignity in care**

This guide has been designed for people who want to make a difference and improve standards of dignity in care. It provides information for service users on what they can expect from health and social care services, and a wealth of resources and practical guidance to help service providers and practitioners in developing their practice.

Click below to view or download a copy of this practice guide.

<http://www.scie.org.uk/publications/practiceguides/practiceguide09/files/pg09.pdf>

Department of Health **Improving Access to Psychological Therapies (IAPT) Commissioning Toolkit**

This Commissioning Toolkit is designed to help PCTs improve or establish stepped care psychological therapies following NICE guidelines. The toolkit is structured around the commissioning cycle and is specifically linked to the World Class Commissioning competencies. It brings together a wide range of existing tools and guides and includes positive practice examples throughout.

Click below to view or download a copy of this Toolkit.

<http://www.southwest.csip.org.uk/silo/files/improving-access-to-psychological-therapies-iapt-commissioning-toolkit.pdf>

National Patient Safety Agency
**Independent investigation of serious patient
safety incidents in mental health services good
practice guidance**

This document describes ways in which the process of investigation can be improved and it supports the guidance. It will be relevant to SHAs, primary care trusts (PCTs), local authorities and all mental health trusts, including foundation trusts. safety incidents on their behalf.

Click below to view or download a copy of this document.

<http://www.npsa.nhs.uk/EasySiteWeb/GatewayLink.aspx?allid=10605>



NHS London
**A review of 26 mental health homicides - March
2008**

The purpose of this review was to identify common themes and any specific cases that required further independent investigation. The review did not examine the circumstances of individual cases.

Click below to view or download a copy of the review.

http://www.london.nhs.uk/doc.aspx?id_Resource=7022



National Events

Jan-Net
**UK CAMHs and Learning Disability
Network Event
12 May 2008
The Vassall Centre, Bristol**

This conference will explore a number of the key issues which have emerged, as national themes, relating to children and young people with learning disabilities posing a challenge to services.

Click below for further information and a booking form.

http://jan-net.co.uk/archive/bristol_flier.doc



Involve
**Redefining Sanity
13 May 2008 – 9.00am – 4.00pm
The Mermaid Conference & Event Centre,
London**

This national conference is aimed at those who want to play an effective systemic role in developing services better able to meet the needs of young people suffering psychological and emotional distress, and at risk of becoming involved in violent crime.

Click below for further information or ☎ 0207 474 2222

http://www.creationz.co.uk/redefining_sanity/Redefining_Sanity_rgb.pdf



Pavilion
**Crisis Intervention: What can crisis resolution
and home treatment and contribute to acute care
14 May 2008
ORT House Conference Centre, London**

This conference aims to:

- Highlight the key messages from the National Survey of Crisis Teams (2005) and National Audit Office Crisis Teams study (2007)
- Consider the influences on national policy
- Promote the service users' voice within development of acute care services
- Highlight development needs within local services
- Present local examples of good practice in CRHT and acute care development.

Click below for further information or ☎ 01273 666703

<http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=37795&grp=1>



Capita
**Domestic Violence Conference
19 May 2008
Central London**

Attend this timely event to hear how comprehensive reform is targeting shortfalls in provision and driving progress in workforce training, sourcing of funds, living support and early intervention.

Click below for further information or ☎ 020 7808 5315


<http://www.capitaconferences.co.uk/NR/rdonlyres/D1A5F282-4B16-4DB1-B910-DD02A06CF7CF/0/TSGKDomesticViolence.pdf>



Pavilion
Inclusion, Activity, Achievement
Pathways to recovery: social inclusion and
mental health
20 May 2008

This conference aims to raise awareness of the benefits of participating in mainstream community activity, particularly sports, employment and the arts, for people with mental health problems.
Click below for further information.

<http://www.pavpub.com/pavpub/useredit/conferences/pdf/inclusion.pdf>




Association of Directors of Adult Social Services,
Association of Directors of Children's Services and
the Association of Directors of Public Health
Inequalities and Wellbeing – Working Together
20 May 2008
William Sangster Room, Westminster, London

This conference will explore ways in which directors of public health, adult social services and children's services can work together to reduce health inequalities and promote and improve wellbeing.

Click below for further information or ☎ **0161 275 8811**

<http://www.adcs.org.uk/Events.htm>



West Midlands Public Health Observatory
Excellence in Public Health Conference 2008
Mental Health & Well-Being in the West Midlands
22 May 2008
Uttoxeter Racecourse

This informative and stimulating event provides an opportunity to hear from key note speakers on Well-being, Mental Health Promotion, and Inequalities and Mental Illness.

Click below for further information.


<http://www.westmidlands.csjp.org.uk/mental-health/mental-health/mental-health-and-wellbeing/excellence-in-public-health-conference-2008.html>

Barnardos
Keeping the Family in Mind
10 June 2008
Inmarsat, Old Street, London

This one day conference will provide participants with updates concerning the latest resources and guidance, and of course there will be opportunity for networking and debate with a wide cross-section of colleagues from children's and adult services systems.

Click below for further information.

http://www.barnardos.org.uk/news_and_events/conferences/conferences-keeping.htm




NIACE
Supporting Learners with Mental Health
Difficulties using the five sage process (RARPA)
22 May 2008 – London
11 June 2008 – Manchester
4 July 2008 - Birmingham

This interactive one day training workshop will enable participants to develop and discuss ways of recognising and recording progress and achievement for people with mental health difficulties with the aim of ensuring improvements in the quality and personalisation of the learner experience.

Click below for further information.

<http://www.niace.org.uk/conferences/TrainingCourses/MH-RARPA.htm>



NIACE
Mental Health Awareness training for
experienced practitioners and managers:
Meeting the needs of adult learners with mental
health difficulties - Policy and Practice
10 June 2008 – Sheffield
30 September 2008 – Bristol
11 November 2008 – Newcastle Upon Tyne

Designed for experienced practitioners and managers, this training builds on the NIACE training courses Mental Health and Adult Learning and Skills introductory awareness and Mental Health Awareness for Information, Advice and Guidance Providers.

Click below for further information


<http://www.niace.org.uk/conferences/TrainingCourses/MH-PM.htm>

Capita
Tackling the Social Inclusion of Older People
17 June 2008
Central London

This National conference will bring together expert speakers from forward thinking organisations. They will provide practical insight and advice on how local authorities, housing organisations, health and social care providers and third sector organisations can work together to improve the quality of life for older people in the community.

Click below for further information or ☎ 020 7808 5252

http://www.integratedcarenetwork.gov.uk/nl/?l=233_1_1_1



Centre for Parliamentary Studies
**Children's Services National Conference:
Delivering the 2020 Vision for Children, Young
People and Families**
18 June 2008 – 10am – 4.30pm
Westminster, London

This special national conference will examine how *The Children's Plan* can be implemented effectively at the local level to deliver the Government's stated pledge to close the achievement gap and improve the learning and well-being of all children by the year 2020.

Click below for further information.

<http://publicpolicyexchange.co.uk/events/8F18-PPE.php>



Meridian
Family Work in Early Psychosis
18 June 2008

This one-day event will update clinicians and managers on current research, thinking and practice around involving families in early intervention services. The speakers are all closely involved in the training of staff or the delivery of early intervention services.

Click below for further information or ☎ 0121 678 2712


<http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=38308&grp=1>

British Association of Psychotherapists
Race, Culture & Psychotherapy
20 June 2008
1 Wimpole Street, London

This conference will look at race, culture and psychotherapy and includes workshops on CBT & CAT.

Click below for a copy of the programme and a booking form.


http://www.bap-psychotherapy.org/?Conferences_and%20Events:Race%2C_culture_and_psychotherapy_-_20th_June_2008



National Institute for Mental Health in England
Medicines, Management in Mental Health
25 June 2008 – 10.00am – 4.00pm
Marriott Hotel, Trevelyan Square, Leeds

This national conference on Medicines Management in Mental Health is a collaborative event between the NIMHE National Workforce Programme, the Department of Health and all of the professional bodies associated with medicines management in mental health.

For further information, please contact Amy Vollans on ☎ 01904 717268



Substance
After the Event: Culture and Sport – Access & Legacies
15 & 16 July 2008
Bridgewater Hall, Manchester

This conference will focus on events of every hue - from the global to the local; from the mega to the mini; from cultural to sports. It will ask: 'How do we make them 'open'? How do we make them work for us? What do we mean by legacy?'

Click below for further information.

<http://app.e2ma.net/app/view:CampaignPublic/id:5940.1017880211/rid:f871be3a7b268c91f411a963e1a0c7da>

Nacro
**Improving Health, Supporting Justice: Meeting
the Challenge**
3-4 September 2008
University of Derby

'Improving Health, Supporting Justice', strategy for offender health and social care, sets out a template to meet the mental health needs along the criminal justice pathway and includes both those offenders being resettled from prison and those supervised in the community.

Click below for further information or ☎ 020 7840 6466,

[http://kc.csip.org.uk/viewdocument.php?
action=viewdox&pid=0&doc=38261&grp=1](http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=38261&grp=1)



South West Events

MIND in Exeter & East Devon
Mental Health Awareness
14 May 2008
The Haven, 32—34 High Street, Honiton

A 1 day introductory workshop looking at:

- Public stereotypes
- Personal stories from people who have experienced mental ill-health and how they have coped with their experiences
- Case Study
- Recovery Approach

Click below to view or ☎ 01404 42548

[http://www.recoverydevon.co.uk/html/learningdevelo
pment/MIND-Training/Posters/Mental%20Health
%20Awareness.pdf](http://www.recoverydevon.co.uk/html/learningdevelopment/MIND-Training/Posters/Mental%20Health%20Awareness.pdf)



Zebra Collection
Solution-focused Practitioners' Network
19 May 2008 – 7.00pm – 9.00pm
Quaker House, Mutley Plain, Plymouth

This first session will feature:

- Discussion and agreement re nature and format of the Network from here on: *what will work for you?*
- Refresher exercises for jaded SF practitioners
Introduction of some new SF ideas
- Building the Network - who to target, and developing informal day-to-day links
- *Any other business* - from you

Please contact Marc Gardiner on ☎ 01752 606415



*Developmental Disability Research & Education
Group*
Modern Approaches in Learning Disabilities
14 & 15 May 2008
Dartington Hall, Totnes

This residential conference at the picturesque Dartington Hall, Totnes will be of interest to practitioners in health, social services and education. Aspects of the latest research and current best practice will be presented and delegates will have the opportunity for poster presentation. The speakers include national and international experts in the field.

Click below for further information

[http://kc.csip.org.uk/viewdocument.php?
action=viewdox&pid=0&doc=37800&grp=1](http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=37800&grp=1)



Exeter Arts & Therapies
**Nature & Nurture: the image, the word, and the
world**
16 May 2008
Stoodleigh Court, near Tiverton, Devon

This conference will investigate the links between, and effective application of, the complementary understandings of development, growth, and resilience to creativity and health.

Click below for further information or ☎ 01392 677258

[http://www.insiderart.org.uk/default.aspx?
contentid=9&eventid=53](http://www.insiderart.org.uk/default.aspx?contentid=9&eventid=53)



The Keepsafe and Be Safe Project
**Making it fair: respectful intervention with
disadvantaged young people who have enacted
violence and abuse**
19 May 2008
Bristol Marriott Royal Hotel

This workshop will address the **politics of intervention** by highlighting dilemmas and principles for just and respectful practice providing a number of practical interventions.

Click below for further information or contact Stephen Barry on 07789944508 or Jacqui Sayers on 01225-825075.

[http://kc.csip.org.uk/viewdocument.php?
action=viewdoux&pid=0&doc=38010&grp=1](http://kc.csip.org.uk/viewdocument.php?action=viewdoux&pid=0&doc=38010&grp=1)

South West Employment Network & CSIP SW
Improving the Odds – Sustaining Employment
22 May 2008
Exeter Racecourse, Kennford, Exeter

This event is designed to enable participants to feel more supported and informed in their work with people whose mental health affects their ability to find or sustain employment.

Click below for further information or ☎ 01392 208836.

[http://kc.csip.org.uk/viewresource.php?
action=viewdocument&pid=0&doc=101764&grp=1](http://kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101764&grp=1)

MIND in Exeter & East Devon
Exploring Mental Health
11 June 2008

The Haven, 32—34 High Street, Honiton

This 1 day introductory workshop will look at:

- Highlights in relation to Mental Health since the late 1800's
- How people are diagnosed
- Anxiety, Bi-polar, Depression, Post Natal Depression, Personality Disorders and the ways that these conditions can be managed
- Caring for someone experiencing mental ill-health
- Self-harm
- Strategies and Supporting someone

Click below for further information or ☎ 01404 42548

[http://www.recoverydevon.co.uk/html/learningdevelo
pment/MIND-Training/Posters/Exploring%20Mental
%20Health.pdf](http://www.recoverydevon.co.uk/html/learningdevelopment/MIND-Training/Posters/Exploring%20Mental%20Health.pdf)

Cool Recovery
Families & Young People
26 June 2008 – 9.30am – 2.00pm
**Townstal Baptist Church Hall, Cary Road,
Dartmouth**

Further information about this conference is available from Cool Recovery. ☎ 01803 299511 or email: info@coolrecovery.org.uk

Cascade
Spring Programme 2007 & Booking Form

Click below to view or download a copy of the Programme and Booking form.

[http://kc.csip.org.uk/viewresource.php?
action=viewdocument&pid=0&doc=101783&grp=1](http://kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101783&grp=1)

Insider Art
Programme for 2008

Click below to view or download a copy of the programme.

[http://kc.csip.org.uk/viewdocument.php?
action=viewdoux&pid=0&doc=38032&grp=1](http://kc.csip.org.uk/viewdocument.php?action=viewdoux&pid=0&doc=38032&grp=1)

Somerset St John Ambulance
Carer Support Programme

Somerset St John Ambulance with support from Somerset County Council provide a carer support programme to help people in a caring role. The programme is provided **free of charge** and includes lunch.

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For further information, please visit the website below or contact Jude Glide on 01823 345922

<http://www.sja.org.uk/sja/counties/somerset/carersupport-program.aspx>

Newsletters/Web Links

National Institute for Mental Health in England **Mental Health Promotion Newsletter – April 2008**

Click below to view or download a copy of this newsletter.

<http://www.nimhe.csip.org.uk/silo/files/mhp-update-april-2008.pdf>



Care Services Improvement Partnership **Older People's Mental Health Website**

This new online resource showcases the work of Black and Minority Ethnic Elders Community Groups, produced as work of the 12 month Mental Health & Well Being of BME Elders project.

There are a number of excellent resources to download, including culturally appropriate information to raise awareness of depression within BME Elders & the wider community.

Click below to visit the website.

<http://www.olderpeoplesmentalhealth.csip.org.uk/>



Equality South West

Click below to visit their website.

<http://www.equalitysouthwest.org.uk/>



National Institute for Mental Health in England **Mental Health Promotion Update**

Click below to view or download a copy of the April Issue of this newsletter.

<http://www.nimhe.csip.org.uk/silo/files/mhp-update-april-2008.pdf>



Noticeboard

Dorset Race Equality Council
Community Development Officer
£20,541 - £24,516 (depending on experience)

[Click here](#) for further details or Tel. 01202 553003



The Bufferzone

Advocacy for Mental Health Issues in Cornwall

- Feeling depressed?
- Feeling Isolated?
- Are you frustrated and angry?
- Willing to work but can't find a way in?
- Having problems with benefits?
- Worried about housing?

Don't fall through the net!

Talk to us - let us help you become less stressed

Contact Tony on ☎ 07929 867264 or email bufferzone1@hotmail.co.uk



To contribute to forthcoming CSIP SW Bulletins send information to Carol Prescott, by no later than 20th of each month, at carol.prescott@csip.org.uk

For more details about forthcoming EVENTS, and contact details for the CSIP SW team, go to <http://www.southwest.csip.org.uk>, or contact the CSIP SW office on 01278 432002.

