



# Bulletin

## National News

### *Community Care*

#### **Personalised care found to save money and please users**

Personalised budgets result in better outcomes and lower costs for councils, according to research published by think-tank (<http://www.demos.co.uk/>).

The *Making it Personal* Demos study on self-directed support found personalised budgets led to average council savings of 10% on care packages and achieved greater service user satisfaction than traditional services.

Click below for further information.

<http://www.communitycare.co.uk/Articles/2008/01/18/107006/individual-budgets-could-revolutionise-social-care-study-finds.html>

### *Department of Health*

#### **£80 million of funding to build extra care housing**

Health and Care Minister Ivan Lewis has invited local authorities to bid for £80 million of funding to build extra care housing that would allow older people and those with long-term conditions to live in a home of their own.

Click below to read the full news article.

<http://www.gnn.gov.uk/environment/fullDetail.asp?ReleaseID=357387&NewsAreaID=2&NavigatedFromDepartment=True>

### *Department of Health*

#### **Improving Access to Psychological Therapies implementation plan: National guidelines for regional delivery**

This document provides SHAs, PCTs, training providers and service providers with an overview of what is needed to deliver the implementation of IAPT. The additional funding from the Comprehensive Spending Review 2007 will pay for the major training programme that provides the necessary number of suitably trained therapists and enables progressive expansion of NICE-compliant local Psychological Therapies services.

Click below to view or download a copy of this document.

[http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_083150?IdcService=GET\\_FILE&dID=160877&Rendition=Web](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_083150?IdcService=GET_FILE&dID=160877&Rendition=Web)

### *Department of Health*

#### **Alan Johnson calls for new focus on work-health balance**

A new support service for NHS doctors and dentists is to be piloted in London. Health Secretary Alan Johnson today called for all employers to do more to promote the health and well-being of their staff.

[http://www.dh.gov.uk/en/News/DH\\_083098](http://www.dh.gov.uk/en/News/DH_083098)

Care Services Minister, Ivan Lewis recently launched a £20m boost to improve palliative care services for the thousands of children with life-limiting or life-threatening conditions.

Click below to view the full guidance document.

[http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_083106](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_083106)



## Publications & Resources

Department of Health  
**Community Development Workers for Black and Minority Ethnic Communities – Final Handbook**

The purpose of this handbook is to provide an update on the new Community Development Workers (CDW) Interim Milestone and to answer those issues that need clarification in the light of experience in introducing and developing the CDW workforce.

Click below to view or download a copy of the handbook.

<http://www.southwest.csip.org.uk/silo/files/community-development-workers-for-black-and-minority-ethnic-minorities--final-handbook.pdf>



Institute for Innovation and Improvement  
**Privacy and Dignity – The Elimination of Mixed Sex Accommodation**

This guidance outlines 11 key principles to support the achievement of good physical separation of the sexes in hospital accommodation. It includes a self-assessment checklist to help trusts identify issues that need to be addressed. The document builds on the recent Department of Health report 'Privacy and Dignity – a report by the Chief Nursing Officer into mixed sex accommodation in hospitals' (DoH 2007).

Click below to view or download a copy of this guidance.

<http://www.southwest.csip.org.uk/silo/files/privacy-and-dignity--the-elimination-of-mixed-sex-accommodation.pdf>



Department of Health  
**Support, Time and Recovery (STR) Workers – Learning from the national implementation programme**

The STR Handbook reports on the successful progress of the STR implementation programme and updates the original 2003 policy implementation guide.

Click below to view or download a copy of this Handbook.

<http://www.southwest.csip.org.uk/silo/files/str-workers--learning-from-the-national-implementation-programme.pdf>



Support, Time and Recovery Worker National Implementation Team  
**Support, Time and Recovery Worker – National Project Implementation Manual and Toolkit**

This useful manual and toolkit has three main aims:

- To provide guidance for organisations in health and social care (including the voluntary sector) that wish to employ STR workers within a good practice model.
- To provide practical advice for the implementation of new and changed roles
- To provide a resource for New Ways of Working by demonstrating practical applications, case studies and tools

Click below to view or download a copy of the toolkit.

<http://www.southwest.csip.org.uk/silo/files/str-worker-national-programme-implementation-manual-and-toolkit.pdf>



Training and Development Agency for Schools  
**Extended schools, targeted youth support and CAMHS**

Targeted youth support (TYS) is part of an integrated approach to reforming youth services. It involves a multi-agency approach to identifying and supporting vulnerable young people – both in school and not in school – as early as possible to prevent their problems escalating. Its core aim is to improve outcomes for vulnerable young people.

Click below to view or download a copy of this leaflet.

[http://kc.csip.org.uk/viewdocument.php?action=view\\_o&pid=0&doc=37720&grp=1](http://kc.csip.org.uk/viewdocument.php?action=view_o&pid=0&doc=37720&grp=1)



*Department of Health*  
**Payment by Results for Mental Health Services  
Project Update – Factsheet 4**

This is the fourth Mental Health Payment by Results Factsheet.

Click below to view or download a copy.

<http://kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101699&grp=1>



*Social Care Institute for Excellence*  
**Dignity in Care**

This guide has been designed for people who want to make a difference and improve standards of dignity in care. It provides information for service users on what they can expect from health and social care services, and a wealth of resources and practical guidance to help service providers and practitioners in developing their practice, with the aim of ensuring that all people who receive health and social care services are treated with dignity and respect.

<http://www.scie.org.uk/publications/practiceguides/practiceguide09/files/pg09.pdf>



*Shift*  
**What's the Story – Reporting Mental Health and  
Suicide**

This handbook is packed with useful facts, figures and contacts. It is designed to help you do your job when covering these stories, whether you're a print, broadcast or magazine journalist.

Click below to view or download a copy of this handbook.

<http://www.southwest.csip.org.uk/silo/files/whats-the-story-publication.pdf>



*Department of Health*  
**Delivering health and well-being in partnership:  
The crucial role of the new local performance  
framework**

The purpose of this document is to offer support in making the most of the new local performance framework and signpost key guidance and other documents that have recently been published.

Click below to view or download a copy of this document.

<http://kc.csip.org.uk/viewdocument.php?action=viewdocument&pid=0&doc=37729&grp=1>



*Department of Health*  
**Mental Health and Ill Health in Doctors**

This publication sets out the findings and recommendations of the working group set up to Consider what steps might make it less likely that Doctors would suffer from mental ill health and easier for them to seek help early

Click below to view or download a copy of this document.

<http://kc.csip.org.uk/viewdocument.php?action=viewdocument&pid=0&doc=37785&grp=1>



*Department of Health*  
**Medicines Management: Everybody's Business**

The leaflet aims to empower service users and carers to ask relevant questions about medication and have their views taken into account, and to help health and social care practitioners improve their person-centred approach in the area of medicines management.

<http://www.southwest.csip.org.ukour-work/silo/files/medicines-management--everybodys-business.pdf>



*European Commission*  
**Diversity at Work – 8 Steps for Small and  
Medium-sized Businesses**

The aim of this brochure is to help owners and managers of micro, small and medium-sized enterprises (MSMEs) who are new to the issue of diversity to adopt some form of approach, or for those already involved to build upon what they have already achieved.

Click below to view or download a copy of this document.

<http://kc.csip.org.uk/viewdocument.php?action=viewdocument&pid=0&doc=37821&grp=1>



## National Events

*Routledge*  
**Mental Health & Substance Use: Meeting the  
Challenge; current thinking and developments**  
**11 March 2008**  
**Trinity Park Conference Centre, Ipswich**

This one day conference explores some of the issues facing clients, professionals and services. It provides an insight into current thinking and latest developments in the field from a variety of perspectives: policy, practice and training. The conference draws together some of the UK's leading clinicians, researchers and educators to consider how we meet the challenge, now and in the future, providing a thought provoking day.

Click below for further information or ☎ 01473 329286/329336

<http://www.smhp.nhs.uk/conference/theconference/ta/bid/827/Default.aspx>



*Health Service Journal*  
**High Impact Changes for Health and Social Care**  
**11 March 2008**  
**The Hilton London Metropole**

This event provides an opportunity for health and social colleagues to understand how the High Impact Changes can support service improvement in local health & social care communities and to listen to the successes that different services have achieved, in implementing the High Impact Changes in their areas.

Click below for further information.

<http://kc.csip.org.uk/viewdocument.php?action=viewdocument&pid=0&doc=37786&grp=1>



*Care Services Improvement Partnership*  
**Partnership for Success - Delivering Race  
Equality in Mental Health**  
**13 March 2008**  
**Mountbatten Suite, QEII Conference Centre,  
Westminster, London**

This one day event marks a real step change in partnership working.

Click below for further information and a booking form or contact Lauren Pugh on 020 7972 4245.

<http://www.southwest.csip.org.uk/silo/files/3rd-annual-bme-conference.pdf>



*Third Sector European Network*  
**Lessons from Europe – A comparative seminar  
on Commissioning from the Third Sector in the  
EU**  
**13 March 2008**  
**Local Government House, London**

This conference will help participants to:

- learn how the European Commission's aspiration to create a free market for social services (Social Services of General Interest) might affect the Third Sector; and
- improve their knowledge of other EU Member States practice in commissioning from the Third Sector and what impact this is having; and
- contribute their views and ideas towards the development of standards of good practice in Third Sector Commissioning in the UK.

Click below for further information

<http://kc.csip.org.uk/viewdocument.php?action=viewdocument&pid=0&doc=37735&grp=1>



*Rail Safety & Standards Board*  
**Railway Community Safety Forum 2008 –  
Communities Working in Partnership**  
**19 March 2008**  
**National Motorcycle Museum, Solihull,  
West Midlands**

The forum is being organised by the Rail Safety and Standards Board (RSSB) on behalf of the industry and this year's programme is designed to:

- Update delegates about the rail industry's approach to reducing community safety risk
- Share examples of good practice and launch good practice guides
- Showcase activity within the community safety arena
- Provide practitioners with practical ideas and solutions
- Encourage networking opportunities

Click below for further information or ☎ 020 7904 7934

<http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=37787&grp=1>



*International Institute of Child and Adolescent Health*  
**Does Every Child Matter? The mental health and well being of children and young people**  
**25 April 2008**  
**Open University, Milton Keynes**

A one day conference looking at the mental health and well-being of children and young people.

Click below for further information.

<http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=37791&grp=1>



*Pavilion*  
**Crisis Intervention: What can crisis resolution and home treatment and contribute to acute care**  
**14 May 2008**  
**ORT House Conference Centre, London**

This conference aims to:

- Highlight the key messages from the National Survey of Crisis Teams (2005) and National Audit Office Crisis Teams study (2007)
- Consider the influences on national policy
- Promote the service users' voice within development of acute care services
- Highlight development needs within local services
- Present local examples of good practice in CRHT and acute care development.

Click below for further information or ☎ 01273 666703

<http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=37795&grp=1>



*Department of Health*  
**The Manchester Women's Conference**  
**8-9 May 2008**  
**Hulme Hall, Oxford Place, London**

This Conference aims to develop priorities for action which will improve the physical health of mentally ill women. Progress will depend on a multidisciplinary approach from policy and health commissioners, and both mental health and primary care staff being aware of the potential responses to the problem.

Click below for further information or ☎ 0161 275 0714

<http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=37796&grp=1>



*National Institute for Mental Health in England*  
**Learning in Partnership: Service Improvement  
Leadership for Mental Health Service Users,  
Carers & Service Providers  
Commencing June 2008**

This course is accredited by the University of Surrey and will take place between June 2008 and April 2009. It consists of:

- 1 induction day
- 6 taught days
- 4 master classes
- 6 action learning sets, and
- 25-30 days allocated for participants to undertake a service improvement project in the field

Click below for further information.

<http://www.nimhe.csip.org.uk/our-work/service-improvement/service-improvement-course--20082009.html>



## South West Events

*Zebra Collective*  
**Challenging Oppression  
8 March 2008  
Friends Meeting House, Mutley Plain, Plymouth**

This workshop is:

- A training to empower people working for social change
- Introducing practical tools and analysis of active nonviolence
- Providing creative solutions to the challenges of life

Click below for further information or ☎ 020 7663 1064


<http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=37797&grp=1>

*Care Services Improvement Partnership*  
**The Care Forum in collaboration with the West of  
England ChangeUp Consortium and CSIP SW  
10 March 2008  
The Care Forum, Fishponds, Bristol**

The voluntary sector needs to become better at selling themselves. In order to do this we must be more aware of the commissioning process, how to contact the right people and how to present our services in the most effective way.

Click below for further information or ☎ 07768 612 736

<http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=37798&grp=1>




*Equality South West*  
**South West Transgender Equality  
Network Launch  
19 March 2008  
Somerset College of Arts & Technology, Taunton**

This event aims raise awareness of Transgender equality issues in the region. It is aimed at individuals and organisations who can influence the agenda and support the network's objectives in the region, for example, public sector bodies, strategic regional organisations, and employers.

Click below for further information or ☎ 01823 250 833

<http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=37799&grp=1>



*CSIP South West*  
**Promoting Public Health through Voluntary and  
Community Organisations and Social Enterprise  
25 March 2008  
Riverside Christian Centre, Exeter**

This event aims to enhance the delivery of effective evidence based public health to promote health and reduce health inequalities through community and voluntary organisations and social enterprise across the South West.

Click below for further information or ☎ 01278 432002

<http://kc.csip.org.uk/viewdocument.php?action=viewdox&pid=0&doc=37813&grp=1>

*CSIP South West*  
**Tying the Knot Between LINKs and  
Commissioning**  
10 April 2008  
Riverside Center, Exeter

This event will explore the issues around the newly created relationships of LINKs and commissioning.

Click below for further information or ☎ 01278 432002

<http://kc.csip.org.uk/viewdocument.php?action=viewdocument&pid=0&doc=37817&grp=1>



*MIND in Exeter & East Devon*  
**Mental Health Awareness**  
26 March 2008  
14 May 2008  
The Haven, 32—34 High Street, Honiton

A 1 day introductory workshop where we will look at:

- Public stereotypes
- Personal stories from people who have experienced mental ill-health and how they have coped with their experiences
- Case Study
- Recovery Approach

Click below to view or ☎ 01404 42548

<http://www.recoverydevon.co.uk/html/learningdevelopment/MIND-Training/Posters/Mental%20Health%20Awareness.pdf>



*Developmental Disability Research & Education Group*  
**Modern Approaches in Learning Disabilities**  
14 & 15 May 2008  
Dartington Hall, Totnes

This residential conference at the picturesque Dartington Hall, Totnes will be of interest to practitioners in health, social services and education. Aspects of the latest research and current best practice will be presented and delegates will have the opportunity for poster presentation. The speakers include national and international experts in the field.

Click below for further information

<http://kc.csip.org.uk/viewdocument.php?action=viewdocument&pid=0&doc=37800&grp=1>



*Exeter Arts & Therapies*  
**Nature & Nurture: the image, the word, and the world**  
16 May 2008  
Stoodleigh Court, near Tiverton, Devon

This conference will investigate the links between, and effective application of, the complementary understandings of development, growth, and resilience to creativity and health.

Click below for further information or ☎ 01392 677258

<http://www.insiderart.org.uk/default.aspx?contentid=9&eventid=53>



*South West Employment Network & CSIP SW*  
**Improving the Odds – Sustaining Employment**  
22 May 2008  
Exeter Racecourse, Kennford, Exeter

This event is designed to enable participants to feel more supported and informed in their work with people whose mental health affects their ability to find or sustain employment.

Click below for further information or ☎ 01392 208836.

<http://kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101764&grp=1>



*MIND in Exeter & East Devon*  
**Exploring Mental Health**  
11 June 2008  
The Haven, 32—34 High Street, Honiton

This 1 day introductory workshop will look at:

- Highlights in relation to Mental Health since the late 1800's
- How people are diagnosed
- Anxiety, Bi-polar, Depression, Post Natal Depression, Personality Disorders and the ways that these conditions can be managed
- Caring for someone experiencing mental ill-health
- Self-harm
- Strategies and Supporting someone

Click below for further information or ☎ 01404 42548

<http://www.recoverydevon.co.uk/html/learningdevelopment/MIND-Training/Posters/Exploring%20Mental%20Health.pdf>



*Cascade*  
**Spring Programme 2007 & Booking Form**

Click below to view or download a copy of the Programme and Booking form.

<http://kc.csip.org.uk/viewresource.php?action=viewdocument&pid=0&doc=101783&grp=1>



## Newsletters/Web Links

*Bristol Mind*  
**Heard About the Bristol Mind Podcasts?**

Bristol Mind has been creating podcasts since 2007 on a variety of subjects including Choice and Advocacy.

Last month a 3 part series with Science broadcaster Dr Toby Murcott began on what science means in medicine.

This month Jeff Walker, the outgoing Director of Bristol Mind was interviewed.

Click below to view these and other podcasts.

<http://www.bristolmind.org.uk/pod.htm>



*Department of Health*  
**Social Care Bulletin – Issue 5**

Click below to view or download a copy of this Bulletin.

[http://www.dh.gov.uk/en/Publicationsandstatistics/Bulletins/Socialcarebulletin/Browsable/DH\\_082467](http://www.dh.gov.uk/en/Publicationsandstatistics/Bulletins/Socialcarebulletin/Browsable/DH_082467)



*National Offender Management Service*  
**Safer Custody News – January/February 2008**

Click below to view or download a copy of this Newsletter.

<http://kc.csip.org.uk/viewdocument.php?action=viewdocument&pid=0&doc=37824&grp=1>



*Department of Health*  
**LINks Bulletin – Issue 9**

Click below to view or download a copy of this Bulletin.

<http://www.southwest.csip.org.uk/silo/files/links-bulletin--issue-9.pdf>



*Lifesigns*  
**Lifesigns Friends Factsheet**

Friends can offer so much support to each other, and people often talk to their friends before they talk to parents or doctors. If you have a friend who self-harms, print off this factsheet for yourself, and maybe share it with them.

Click below for a copy of the Factsheet.

<http://kc.csip.org.uk/viewdocument.php?action=viewdocument&pid=0&doc=37825&grp=1>



*Equality South West*  
**Newsletter – January 2008**

Click below to view or download a copy of this Newsletter.

<http://kc.csip.org.uk/viewdocument.php?action=viewdocument&pid=0&doc=37827&grp=1>



*Department of Health*  
**Chief Nursing Officer Bulletin – Issue 66**

Click below to view or download a copy of this Bulletin.

[http://www.dh.gov.uk/en/Publicationsandstatistics/Bulletins/Chiefnursingofficerbulletin/DH\\_083279?ldcService=GET\\_FILE&dID=161179&Rendition=Web](http://www.dh.gov.uk/en/Publicationsandstatistics/Bulletins/Chiefnursingofficerbulletin/DH_083279?ldcService=GET_FILE&dID=161179&Rendition=Web)



## Noticeboard

*The Griffins Society*  
**Female Offenders: A New Challenge**

Would you like to contribute to practice and policy debates on female offenders by understanding pioneering research?

The Griffins Society Visiting Research Fellowship Programme offers a unique opportunity for individuals to explore their own interests or concerns about the treatment of female offenders. Candidates must have inquiring minds but previous research experience is not necessary.

Click below for further information or ☎ 020 7607 2304

<http://kc.csip.org.uk/viewdocument.php?action=viewdocument&pid=0&doc=37718&grp=1>



**To contribute to forthcoming CSIP SW Bulletins  
send information to Carol Prescott,  
by no later than 20th of each month, at  
[carol.prescott@nimhesw.nhs.uk](mailto:carol.prescott@nimhesw.nhs.uk).**

**For more details about forthcoming EVENTS,  
and contact details for the CSIP SW team,  
go to <http://www.southwest.csip.org.uk>, or  
contact the CSIP SW office on 01278 432002.**

