

Lakeside House
4 Smith Way
Enderby
Leicester
LE19 1SS

Tel: 0116 295 7574
Fax: 0116 295 7599

Children's Mental Health and Psychological Well-Being E- Bulletin

October 2008

This update summarises the latest additions to the Mental Health and Psychological Well-Being section of the CSIP CYPF website, and the Knowledge Community over the last month.

News Items

NCSS briefings

These are briefing notes from the bi-monthly CAMHS Programme Meetings.

<http://www.csip.org.uk/silo/files/ncss-briefing-notes-october-2008.pdf>

YoungMinds Annual Lecture and Book Award

Dr Tanya Byron will present the YoungMinds annual lecture and discuss the role the media can play in tackling the stigma surrounding mental health. The lecture will be followed by the YoungMinds Book Award which for the first time will be given to a book that helps young people to deal with the stresses and challenges of growing up.

Monday, 17th November, 6.15pm for a 6.30 start. Unicorn Theatre, London. RSVP Hannah Smith by 3rd November – Hannah.smith@youngminds.org.uk, tel: 020 7336 1451.

<http://www.youngminds.org.uk/about-ym/youngminds-book-award>

Article Defending the Government's Position on Smacking

Rt Hon Beverley Hughes MP Minister for Children, Young People and Families, discusses why government has do not accepted any amendment to ban smacking tabled to the Children and

Young Persons Bill now going through Parliament.

http://www.dcsf.gov.uk/pns/DisplayPN.cgi?pn_id=2008_0224

Child and Maternal Health Observatory

ChiMat relaunches as a themed-based observatory.

http://www.apho.org.uk/default.aspx?QN=CHIMAT_HOME

Commissioning Support Providers Announced

The DCSF Commissioning Support Programme will help Children's Trusts plan, design and implement services more effectively by providing tailored support as and when Trust partners need it, developing online resources and networks to help commissioners share best practice, and holding face-to-face events, such as national and regional conferences.

http://www.dcsf.gov.uk/pns/DisplayPN.cgi?pn_id=2008_0236

All Pupils to Get Healthy Lifestyle Lessons

DCSF announce that Personal Social and Health Education (PSHE) will become a compulsory part of the curriculum from Key Stage 1 to 4 (ages 5 to 16).

http://www.dcsf.gov.uk/pns/DisplayPN.cgi?pn_id=2008_0235

Child services should fund school projects, says Balls

Speaking at the children's and adults social care conference in Liverpool today, he said: "On early intervention and prevention, it is so important that we intervene before problems are very difficult to deal with. We can only do it if there is a much more integrated service between schools and children's services."

<http://www.guardian.co.uk/society/2008/oct/23/children-school-projects-social-exclusion>

20 Areas To Receive A Total Of £13m To Help Challenging Young People

£13m will be shared between 20 areas to help them to set up Intensive Intervention Projects that will challenge and support youngsters in trouble.

http://www.dcsf.gov.uk/pns/DisplayPN.cgi?pn_id=2008_0242

Ed Balls Announces Early Support To Keep Pupils On Track

12 pilots from around the country will test new and innovative ways of teaching those who have been excluded, those at risk of exclusion or those who cannot be taught in mainstream schools for other reasons.

http://www.dcsf.gov.uk/pns/DisplayPN.cgi?pn_id=2008_0237

YoungMinds awarded £2.5 million to expand national advisory panel Very Important Kids

The new funding will expand YoungMinds Very Important Kids (VIK) group, the first and only national panel which provides a voice to 15 young people with mental health problems.

<http://www.youngminds.org.uk/vm-newsroom/press-releases/press-releases-2008/oct/youngminds-awarded-a32-5-million-to-expand-national-advisory-panel-very-important-kids/>

Call For Applications To Become A Right Here Pilot Site - Improving Mental Health And Well- Being For Young People

Paul Hamlyn Foundation and Mental Health Foundation are inviting applications from groups of voluntary and statutory organisations across the UK, to work with them in developing new ways of protecting and promoting the mental health and well-being of 16 to 25 year olds. We expect to select up to four partnerships to work with from September 2009 – December 2013, with one focusing on improving support for Black and Minority Ethnic Young People. Each of the pilots will be awarded up to £800,000 from September 2009 - April 2013. We will also provide additional support to assist with planning and implementing the work, developing the partnerships, and documenting and sharing the learning. The deadline for applications is 18 December 2008. For more details or to apply to become a Right Here pilot site, in the first instance, please visit the comprehensive Right Here website: www.right-here.org.uk. Alternatively, contact Tamasine Angell (info@right-here.org.uk; 0207 803 1181) with further queries.

Events and Courses

Parent Child 2008: Getting it Right for Families?

13 & 14th November, London. This major conference will feature world-renowned plenary presenters, will debate the key current issues for family policy and practice and will bring together practitioners, academics, researchers, policy makers and the media.

<http://www.familyandparenting.org/gettingitright>

Children and Young People's Health and Wellbeing

17th November 2008, London. The conference examines best practice for inter-agency working to provide joined-up services and narrow the gaps in children's service provision.

<http://www.haymarketevents.com/conferenceDetail/293/children-young-peoples-health-wellbeing>

Promoting Mental Health in Schools

20th November 2008, Birmingham. This conference is specifically designed to provide delegates with the tools to recognise students with a mental health difficulty, provide them with the right level of support, and raise awareness of mental health difficulties throughout your school.

<http://www.cpd.info/mentalhealth/>

What is Challenging about Cultural Diversity in CAMHS

21st November 2008, Tavistock Centre. London. This conference will focus on issues of addressing race and equity in CAMHS from a developmental perspective and will seek to extend our thinking about the special issues which face professionals working with children and young people. It will provide an opportunity to explore the role of race, equity and ethnicity in this clinical work.

<http://www.tavi-port.org/conferences/forthcoming-conferences/what-is-challenging-about-cultural-diversity-in-camhs.html>

Self Harm Conference

1st December 2008, Norwich. The MAP Self-Harm Project invites you to attend a free conference to mark the launch of a local protocol for supporting young people who self-harm.

<http://www.cypf.csip.org.uk/silo/files/map-self-harm-conference-flyer.pdf>

department for
children, schools and families



The National CAMHS Support Service is joint sponsored by the Department of Health & Department for Children, Schools and Families. It is charged with improving mental health services for children and young people around the country.

Early Intervention for Families at Risk

9th December 2008, London. This conference will take a holistic look at how services and support can, and should, be delivered to disadvantaged parents and children at risk of inter-generational exclusion and poor outcomes.

<http://www.capitaconferences.co.uk/NR/rdonlyres/69AE6B7C-FC71-45E1-801F-28E65C04532F/0/EarlyInterventionWOPDF.pdf>

Participation with a Purpose: Effective Participation for Comprehensive CAMHS

The NCSS will be running a series of regional events on participation in early 2009. The aim of the conferences will be to promote the inclusion of children, young people, their families and carers as equal stakeholders in the development and delivery of a truly comprehensive CAMHS.

<http://www.cypf.csip.org.uk/silo/files/participation-with-a-purpose.pdf>

Policy and Government Reports

Young People's Specialist Substance Misuse Treatment: Needs Assessment Good Practice Guide

This good practice guidance focuses on the process to identify the needs of young people requiring specialist substance misuse treatment.

http://www.nta.nhs.uk/areas/young_people/young_people_treatment_planning.aspx

Healthy Weight, Healthy Lives: A Toolkit for Developing Local Strategies

This toolkit is aimed at public health commissioners, and focuses on the population as a whole, but it does include sections on children. Much of the report focuses on physical health, but it does also include some information about how obesity can impact on mental health.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/DH_088968

Tell Us3 National Report

This survey of children and young people across England, asked their views about their local area, and included questions which covered the five Every Child Matters outcomes. It includes questions about whether the child was worried, and whether they had someone they could talk to.

<http://www.ofsted.gov.uk/Ofsted-home/Publications-and-research/Documents-by-type/Statistics/TellUs3-National-Report>

Real Involvement: Working With People to Improve Services

Guidance for NHS organisations on section 242(1B) of the NHS Act 2006, the duty to involve and good involvement practice; includes guidance on sections 17A, 24A and 242B of the NHS Act 2006 and information about section 242A of the Act.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_089787

Are We There Yet? Improving Governance and Resource Management in Children's Trusts

This report examines the progress local councils and their partners are making in developing children's trusts. The report concludes that the 'children's trusts' created by the government after the death of Victoria Climbié have been confused and confusing. Five years after the green paper Every Child Matters and eight years after the child's death, 'there is little evidence of better

outcomes for children and young people' resulting from the requirement that local areas in England set up arrangements to coordinate children's services.

<http://www.audit-commission.gov.uk/reports/NATIONAL-REPORT.asp?CategoryID=&ProdID=17AEBDA5-657E-4ef7-80BB-92214D4C04FF>

Joint Consultation on School-Level Indicators to Measure Well-Being

Ofsted and The Department for Children, Schools and Families (DCSF) have launched a consultation on a proposed standard set of school level indicators which will recognize and reward schools for their contribution to pupil's well-being. The closing date for the consultation is the 16th January 2008.

<http://www.ofsted.gov.uk/Ofsted-home/Publications-and-research/Documents-by-type/Consultations/Indicators-of-a-school-s-contribution-to-well-being>

National School Survey Results 2008

This annual survey provides information about schools' perceptions of the support provided by their council and the services provided locally for children and young people. 44% of schools rated the effectiveness of local services in meeting the mental health needs of children and young people as below satisfactory (40 per cent in 2007).

<http://www.audit-commission.gov.uk/Products/NATIONAL-REPORT/66CC3FA3-4392-4BDD-A00C-FD570F6992D6/SchoolSurvey2008.pdf>

Reports

Committee on the Rights of the Child

This committee considered the reports from the third and fourth periodic report of the United Kingdom of Great Britain and Northern Ireland. With regards to mental health, they recommend that additional resources and improved capacities are employed to meet the needs of children with mental health problems throughout the country, with particular attention to those at greater risk.

<http://www2.ohchr.org/english/bodies/crc/docs/AdvanceVersions/CRC.C.GBR.CO.4.pdf>

Policies and Practices for Mental Health in Europe: Meeting the Challenges

This document reports on the state of mental health policies and programmes in Europe. It is about mental health services in general, but it does include information about CAMHS.

<http://www.euro.who.int/Document/e91732.pdf>

Mental Health Act 2007: New Roles

Guidance from NIMHE for approving authorities and employers on Approved Mental Health Professionals and Approved Clinicians.

<http://www.mhact.csip.org.uk/silo/files/new-ways-brochure.pdf>

Counselling Workforce Briefing: Young people's consultation findings and recommendations

The briefing by Catherine Wilson, Youth Access, summarises the results of a consultation with young people accessing Youth Information, Advice, Counselling and Support Services (YIACS). The consultation gathered information from young people about their experience of youth counselling and their suggestions for improving counselling services in YIACS. The briefing includes a summary of the project's aim, what we did, how we did it and highlights young people's views, and suggestions to improve youth counselling services and keep 'good services good'.

<http://www.youthaccess.org.uk/publications/>

Counselling Workforce Key Findings Briefing

The briefing by Catherine Wilson, Youth Access, provides an overview of a national survey and consultation with YIACS and young people and maps the youth counselling sector within YIACS. The findings highlight counselling managers and practitioner needs, concerns and aspirations for the delivery of high quality youth counselling provision, and young people's views of counsellors and counselling. The briefing concludes with a series of recommendations.

<http://www.youthaccess.org.uk/publications/>

YIACS Counselling Workforce Mapping Report

This report written by Dr Cathy Street, presents the findings of the Youth Access Counselling and Workforce Development project's (funded by CWDC) mapping of the current counselling workforce in YIACS. The results of the national survey, consultation and seminar conducted with managers, practitioners and young people provides a profile of the workforce, young people's experience of counselling services and recommendations to improve training and workforce planning to help strengthen YIACS position in the commissioning of specialist and targeted counselling services.

http://www.youthaccess.org.uk/news/upload/CWDP_mapping_report_July08-optimised.pdf

Resources

Children and Young People's Workstream within the NIMHE MHA Implementation Programme – New products and anticipated release dates:

1. Information for young people - updating **Headspace** - publication and web end November/ start December
2. Information for parents and carers – **Rethink** leaflet - publication and web end November / start December
3. **Safety on Adult Wards tool** - Royal College ran successful day considering all the standards in September followed by a gruelling afternoon drilling down on most difficult areas in October. The draft standards will go to all attendees of the workshop then onto web and into tool for piloting in November
4. **Commissioning Guidelines** - January 2009
5. **Professionals guide** to the interaction between MCA, MHA and Children's legislation - **December 2008**
6. **System Dynamic Model** which provider and commissioners of CAMHS and AMHS can use to consider flows through the community to inpatient settings, appropriate use of inpatient resources and alternatives to admission - field test in November and December for launch in January 2008
7. DVD of young people's experiences - March 2008
8. Training workbook - in use now.

<http://www.mhact.csip.org.uk/workstreams/the-mental-health-act-amendment-workstreams/children--young-people/>

All other workstreams eg Advocacy also include issues for children and young people. The national NIMHE website (www.mhact.csip.org.uk) includes local implementation pages, and colleagues are advised to check their local pages regularly for any events in their locality.

New factsheets launched to help schools embed integrated working

http://www.cwdcouncil.org.uk/whats-new/news/1134_new-factsheets-launched-to-help-schools-embed-integrated-working

National Survey of Parents and Children: Family Life, Aspirations and Engagement with Learning

department for
children, schools and families



The National CAMHS Support Service is joint sponsored by the Department of Health & Department for Children, Schools and Families. It is charged with improving mental health services for children and young people around the country.

The key aim of the project was to provide insights into family attitudes and dynamics, and to help DCSF communicate beyond the traditionally engaged classes, to families which are “harder to reach” in terms of their attitudes and engagement.

<http://www.dcsf.gov.uk/research/data/uploadfiles/DCSF-RR059.pdf>

Research Briefing: <http://www.dcsf.gov.uk/research/data/uploadfiles/DCSF-RB059.pdf>

Targeted Youth Support: Rapid Evidence Assessment of Effective Early Interventions for Youth at Risk of Poor Outcomes

This report was commissioned by the Department for Children, Schools and Families (DCSF) to explore what works for young people in relation to the outcomes prioritised by the Targeted Youth Support initiative.

<http://eppi.ioe.ac.uk/cms/LinkClick.aspx?fileticket=X0ohABEtH04%3d&tabid=2417&mid=4475&language=en-US>

Improving the Mental Health of Children

Film clip on the Local Government Channel regarding the work of the NCSS.

http://www.localgovernmentchannel.com/conference_tv/v/improving_the_mental_health_of_children/

Antenatal and Postnatal Mental Health Services

New NICE commissioning guide provides support for the local implementation of NICE clinical guidelines.

<http://www.nice.org.uk/usingguidance/commissioningguides/antenatalpostnatalmentalhealth/antenatalpostnatalmentalhealth.jsp>

Trans: A Practical Guide for the NHS

This DH document gives practical best practice advice for NHS organisations to address their responsibilities relating to trans employment and healthcare delivery.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_089941

SCIE E-Learning Resources

The Social Care Institute of Excellence (SCIE) has a series of online multimedia training resources around social care that are freely available on their website.

<http://www.scie.org.uk/publications/elearning/>

Research

Positive Behaviour in the Early Years: Perception of Staff, Service Providers and Parents in Managing and Promoting Positive Behaviour in Early Years and Early Primary Settings

This report was commissioned by the Scottish Government. The study explores the approaches and interventions that practitioners and service providers use to manage behaviour and promote prosocial behaviour, and the extent to which practitioners feel skilled and prepared for the issues children present in their setting. The same issues were explored in parallel with parents.

<http://www.scotland.gov.uk/Resource/Doc/238252/0065411.pdf>

Three Years On: Survey of the Development and Emotional Well-Being of Children and Young People

This study is a 3 year follow up to the 2004 CAMH survey. It focuses on persistence, onset, risk factors and outcomes of childhood mental disorders.

30% of children, who had an emotional disorder at time 1, were also assessed as having an emotional disorder at time 2.

43% of children with conduct disorder at time 1 were also rated as having the disorder at time 2. The report also includes data on less common conditions such as bipolar disorder, autistic spectrum disorders, and eating disorders.

<http://www.statistics.gov.uk/cci/article.asp?id=2063>

Young People and Territoriality in British cities

This Joseph Rowntree Foundation commissioned report explores territorial behaviour among young people in disadvantaged areas of British cities.

<http://www.jrf.org.uk/bookshop/details.asp?pubID=978>

Health Led Parenting Interventions in Pregnancy and Early Years

The aim of this DCSF commissioned research is to contribute to the development of the Child Health Promotion Programme, by using existing review level evidence alongside the advice of experts, to identify the most effective and cost-effective health-led parenting support services and programmes in pregnancy and the first three years of life.

<http://www.dcsf.gov.uk/research/data/uploadfiles/DCSF-RW070.pdf>

Developing the Market for Welfare Beds in Secured Children's Homes

This DCSF commissioned report assesses the market for welfare beds in secure children's homes, identifies key market characteristics, highlights the key demand and supply trends together with their underlying drivers, explores potential future scenarios and sets out some policy options.

<http://www.dcsf.gov.uk/research/data/uploadfiles/DCSF-RR055.pdf>

If you have received this bulletin via some one else and would like your own copy or have comments please contact [Paula Lavis](#)