



Children Young People and Families
Programme
National CAMHS Support Service

Lakeside House
4 Smith Way
Enderby
Leicester
LE19 1SS

Tel: 0116 295 7574
Fax: 0116 295 7599

Children's Mental Health and Psychological Well-Being E- Bulletin

April 2009

This monthly bulletin is produced as a partnership venture between the National CAMHS Support Service and YoungMinds.

This update summarises the latest additions to the Mental Health and Psychological Well-Being section of the Mental Health and Wellbeing page of the CYPF website, and the Knowledge Community over the last month.

News Items

NCSS Programme Meeting: April 2009

Briefing notes from the bi-monthly CAMHS Programme Meetings.

<http://www.cypf.csip.org.uk/silo/files/ncss-programme-notes-april-2009.pdf>

NHS Evidence

New online resource, which provide easy access to a comprehensive evidence base for everyone in health and social care who takes decisions about treatments or the use of resources.

<http://www.evidence.nhs.uk/>

YoungMinds Book Award 2009

YoungMinds has selected its long list of 10 books and is calling on young people across the country to choose the shortlist for its prestigious annual book award.

<http://www.youngminds.org.uk/ym-newsroom/press-releases/press-releases-2009/may/young-reviewers-needed-for-youngminds-book-award-2009>

School Health Support Bill

Jim Cunningham MP has put forward the Schools (Health Support) Bill which has been debated in Parliament. The Bill will amend the Education and Inspections Act 2006 to establish standards in schools for the support of children with specified health conditions and; make provision for the

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inspection of such support. Many charities are supporting the Bill including YoungMinds and Diabetes UK. Young people from these charities delivered a box of letters to 10 Downing Street, asking the Prime Minister to improve support to children in schools with health conditions.

<http://www.youngminds.org.uk/ym-newsroom/press-releases/press-releases-2009/may/local-girl-with-depression-goes-to-downing-street-for-better-support-at-school>

Calls to Increase Child Therapists

Lord Layard reports that Children's mental health services need an extra 1,000 therapists.

<http://news.bbc.co.uk/1/hi/health/8029179.stm>

Consortium to run young inspectors

The Look Listen Change Consortium, comprising the British Youth Council, Kids and NCB, has been chosen to deliver the national Young Inspectors programme.

http://www.ncb.org.uk/Page.asp?originx_9433rr_85806503712427s90z_20094232131e

Patient Advice and Liaison Services (PALS) case studies launched

NCB has produced a collection of case studies of Patient Advice and Liaison Services (PALS) engaging children and young people in their services.

http://www.ncb.org.uk/Page.asp?originx_7736ag_21319089907638j46b_20094294016p

Consultations

Working with parents with mental health problems and their children: Guidance for adult and children's mental health and social care services

Draft guidance from the Social Care Institute for Excellence (SCIE). The consultation closes on 15th May 2009.

<http://www.scie.org.uk/pmhcwg/index.asp>

Events and Courses

National Advisory Council for Children's Mental Health and Psychological Wellbeing – Regional Seminars

The National Advisory Council (NAC) are holding seminars in every region. They aim to gather views on what can, and must be done nationally and locally to help children with mental health needs. The dates are as follows:

Friday 15 May 2009 - East Midlands - Hilton Nottingham

Monday 18 May 2009 - North East - Newcastle United Football club

Wednesday 3 June 2009 - North West - Palace Hotel, Manchester

Follow the link below for more information.

<http://www.livegroup.co.uk/NACregionalevents/index.php?view=introduction>

Advanced Studies in Child and Adolescent Mental Health

28 Jan 2010, Chelmsford and Cambridge

Anglia Ruskin University, Faculty of Health and Social Care are offering

BSc; Post Grad Cert; Post Grad Diploma; and MSc courses for all staff working with troubled young people

http://www.anglia.ac.uk/ruskin/en/home/prospectus/pgppt2008/msc_child_adolescent_mental_health.html

Introductory Practitioner Course (IPC) in Using a Cognitive Behaviour Approach for Staff in Children & Adolescent Mental Health Services (CAMHS) – University of Birmingham.

http://cbt.bham.ac.uk/camhs_1.php

Association for Infant Mental Health Annual Conference – Making Links: Crossing Boundaries

15th May, London. Go to the AIMH website for more information <http://www.aimh.org.uk/agm.php>

Flyer - <http://www.cypf.csip.org.uk/silo/files/aimh-flyer-09.pdf>

Booking form - <http://www.cypf.csip.org.uk/silo/files/aimh-booking-form-09.pdf>

Beyond Conviction ...the story of children and families affected by imprisonment and offending behaviour

21st May, Bradford. Advance notice of a joint conference from The National Offender Management Service (NOMS Yorkshire & Humberside), Government Office for Yorkshire & The Humber (Children and Learners) and Barnardo's.

<http://www.partnersofprisoners.org.uk/public/files/AdvanceNoticBeyondConvictionJan08.pdf>

http://www.partnersofprisoners.org.uk/public/files/PAYING_BeyondconvictionConference09BookingFormversion2.doc

The Future of CAMHS: Best Practice and Commissioning

16th June, London. This joint Care Matters Partnership and YoungMinds one day conference will explore the recommendations from the CAMHS Review and the future work of the National Advisory Council on CAMHS.

<http://www.carematterspartnership.co.uk/index.php/solutions/conferences-training/event/the-future-of-camhs-best-practice-and-commissioning>

Supporting Troubled Teenagers and their Parents

Mindfields College is offering two workshops for practitioners using the human givens approach. "Supporting the parents of troubled teenagers" and "Working effectively with troubled and troublesome teenagers". The workshops combine as a comprehensive two day course, or as two separate workshops on consecutive days.

Dates are 12-13 March in London, 4-5 June in Harrogate, 29-30 October in Bristol, 16-17 November in London and 7-8 December in Manchester.

Workshops can also be booked as 'in house' days for your organisation, tailored to individual need.

Full details at <http://www.mindfields.org.uk>

CAMHS In Forensic Services/Working with Young Offenders

12th June, London. Jack Tizard Lecture and Day Conference. Jack Tizard lecturer - Professor Charles Borduin, *Department of Psychological Sciences, University of Missouri-Columbia.*

http://www.acamh.org.uk/bfora/systems/xmlviewer/default.asp?arg=DS_ACAMH_EVENTART_32/ page.xml/46&xsl_arg=//BF%5FACAMH%5FEV%5FE%5FNAT&xsl_argx=3

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Bridging the Gap: Addressing the needs of children and young people from a patient safety perspective

17th June, London. This one day conference is a chance to look at where and why they come to harm as patients, what we can do to keep them safer and how children's services can work together to give them the best possible care.

<http://www.npsa.nhs.uk/corporate/events/>

Strategically Measure Impacts and Outcomes

9th July, Birmingham. One day conference that is looking at how to strategically measure impacts and outcomes.

<http://www.haymarketevents.com/conferenceDetail/348/strategically-measure-impacts-outcomes>

Family Work in Early Psychosis

21-25 September 2009, Birmingham. This is a five-day skills-based training course on working with families in early psychosis.

<http://www.tips-info.com/doc//KURS%20vedlegg/Flyer.pdf>

<http://www.tips-info.com/doc//KURS%20vedlegg/BookingForm-Blank.pdf>

Watch, Wait and Wonder

2 day introductory course focuses on the theoretical underpinnings in attachment theory and therapeutic techniques of Watch, Wait, and Wonder will be described.

London, 19th-20th October.

Bath, 22nd-23rd October.

<http://www.my-incite.co.uk/events.html>

Careif 2009 International Conference: Sport, Education & Culture: Promoting Health, Wellbeing and Positive Identities for Young People

11th November 2009, London. One day conference from The Centre for Applied Research and Evaluation International Foundation (*Careif*), which aims to explore and promote mental and physical health, wellbeing and positive identities for young people through sport, education and cultural practice.. The Scientific Committee invites delegates to submit abstracts for parallel paper session or a poster. **The deadline for this is 15th May.**

<http://www.careif.ukevents.org/default.htm>

Policy and Government Reports

Lord Bradley's Review of People with Mental Health Problems or Learning Disabilities in the Criminal Justice System

This independent review, which was carried out by Lord Bradley, was commissioned to examine the extent to which offenders with mental health problems or learning disabilities could, in appropriate cases, be diverted from prison to other services and the barriers to such diversion. The review covered the whole population, but children and young people are specifically referred to in the early intervention section

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_098694

Government response to the 82 recommendations set out in the Bradley Review.

<http://www.justice.gov.uk/news/newsrelease300409a.htm>

The Protection of Children in England: Action Plan: The Government's Response to Lord Laming

This document sets out a detailed response to Lord Laming's report and Government's plan of action to deliver the step change which he has called for.

<http://www.official-documents.gov.uk/document/cm75/7589/7589.pdf>

Link to the DCSF press release

http://www.dcsf.gov.uk/pns/DisplayPN.cgi?pn_id=2009_0085

Learning Behaviour: Lessons Learned - A Review of Behaviour Standards and Practices in our Schools

This report, by Sir Alan Steer, presents the overall conclusions from the review of pupil behaviour issues. Government responded by saying that they would act on the recommendations, and the DCSF will produce an implementation plan in June.

<http://publications.dcsf.gov.uk/eOrderingDownload/Learning-Behaviour.pdf>

<http://publications.dcsf.gov.uk/DownloadHandler.aspx?ProductId=DCSF-00453-2009&VariantID=Learning+Behaviour%3a+Lessons+Learned+-+Government+response+DOC&>

Life in

This is a series of report from the Children's Rights Director for England, which looked at what they most and least liked about living in various residential settings, their advice on the nature of future settings, and their perceptions of safety and dangers. The settings include children's homes and secure care.

<http://www.ofsted.gov.uk/Ofsted-home/News/Staff-make-a-real-difference-to-children-and-young-people-s-experiences-of-life-in-residential-care>

Children, Schools and Families Select Committee report on Looked After Children

Report the Select Committee's inquiry on looked after children.

<http://www.publications.parliament.uk/pa/cm200809/cmselect/cmchilsch/111/111i.pdf>

Children and young people in custody 2006-2008

Report from the Prisons Inspectorate and the YJB on young people's experiences of custody.

http://www.yjb.gov.uk/NR/rdonlyres/CF00538A-0B00-425F-8D51-DF1384B842B6/0/HMIP_childrenreport_web.pdf

Independent mental health advocates: supplementary guidance on access to patient records under section 130B of the Mental Health Act 1983

Supplementary guidance from the DH on IMHA access to patient records.

http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_098828

Reports

Help Seeking Behaviour in Young Adults

This report is by NFPSynergy and the main aim was to collate relevant knowledge on the help seeking behaviours of young people.

http://www.nfpsynergy.net/includes/documents/cm_docs/2009/n/nfpsynergy_report_help_seeking_behaviour_in_young_adults.pdf

Families in Britain: the impact of changing family structures

Report from the Policy Exchange, looks at the changing structure of the family in Britain, and looks at the impact on children, parents and the wider society.

http://www.policyexchange.org.uk/images/publications/pdfs/Families_in_Britain.pdf

Resources

CWN Vision and Principles for Induction to the Children and Young People's Workforce

This document is a first step towards a common understanding and direction on induction for the children and young people's workforce.

http://www.childrensworkforce.org.uk/assets/0000/0439/CWN_Induction_Vision_and_Principles.pdf

We can Dream: Ways of Planning for the Future for Young People with Autistic Spectrum Disorders

This book from the Foundation for People with Learning Disabilities, uses person centred planning to help young people autistic spectrum disorders think about what they will do when they leave school.

<http://www.learningdisabilities.org.uk/publications/?EntryId5=32524&q=0%C2%ACwe+can+dream%C2%AC>

Research

UK Resilience Programme Evaluation – Interim Report

This is the interim evaluation of a pilot that has been carried out in 3 local authority areas with the aim of building resilience in year 7 pupils in school and out-of-school settings.

Research brief: <http://www.dcsf.gov.uk/research/data/uploadfiles/DCSF-RB094.pdf>

Full report: [http://www.dcsf.gov.uk/research/data/uploadfiles/DCSF-RR094%20\(1\).pdf](http://www.dcsf.gov.uk/research/data/uploadfiles/DCSF-RR094%20(1).pdf)

The Impact of Adult Support Staff on Pupils and Mainstream Schools – A Systematic Review of Evidence

Research by A Alborz et al. found that teaching assistants have a positive impact on the social and emotional development of pupils. There is limited research which suggests that they are not very successful in undertaking therapeutic tasks aimed at supporting children with emotional and behavioural problems.

<http://www.dcsf.gov.uk/research/data/uploadfiles/DCSF-EPPI-09-01.pdf>

Health Visitors: A Progress Report

Report from the Parenting and Family Institute, look at the number of health visitors working in England.

http://www.familyandparenting.org/Filestore//Documents/Our_work/Campaigns/HealthVisitors_a_progress_report.pdf

A School-Based Mental Health Intervention for Refugee Children

Study by M Fazel et al. looks at a schools-based project which was set up to meet the mental health needs of refugee children. The service model includes providing consultation to the school to help them support the child in the first instance. If a child needs further help, the service works with the school to engage the parents prior to giving direct support.

Clinical Child Psychology & Psychiatry, V 14 (2), April 2009, pp. 297-309.
<http://ccp.sagepub.com/cgi/content/abstract/14/2/297>

The Impact of a Mental Health Teaching Programme on Adolescents

Paper by P. Naylor et al. found that teaching 14 and 15-year olds about mental health difficulties does help reduce stigma.

British Journal of Psychiatry, V 194 (4), April 2009, pp. 365-370.
<http://bjp.rcpsych.org/cgi/content/abstract/194/4/365>

Childhood Mental Health and Life Chances in Post-War Britain: Insights from Three National Birth Cohort Studies

This study from the Sainsbury Centre for Mental Health and The Smith Institute, examined the long-term consequences of mental health problems that arise in childhood and adolescence using longitudinal data from 3 national birth cohorts.

http://www.scmh.org.uk/pdfs/life_chances_report.pdf

If you have received this bulletin via some one else and would like your own copy or have comments please contact paula.lavis@youngminds.org.uk

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