

ChiMat Knowledge Update

1 June 2010



www.chimat.org.uk

Welcome to the ChiMat Knowledge Update highlighting the latest news, events, reports, research and other resources relating to children, young people's and maternal health.

This update highlights the latest additions to the national Child and Maternal Health Observatory – ChiMat – website over the last seven days. All these resources and more are available at www.chimat.org.uk.

This email includes a summary and link to each resource below. If you would prefer to read a pdf version of this eBulletin, [click here](#).

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ChiMat News

Child Health Improvement Forum workshops: Supporting commissioners of children's services

ChiMat is working with the Child Health and Maternity Partnership (CHaMP) and other members of the Child Health Improvement Forum to support commissioners through two workshops to be held on **7 June in Leeds and 28 June in Reading**. Nine organisations with a proven track record of helping deliver service improvement in health or children's services have come together to provide a day of experiential learning especially for you. Places still available - register now.

http://www.chimat.org.uk/resource/view.aspx?QN=CHAMP_EVENTS

In the news

ChiMat does not accept responsibility for the availability, reliability or content of these news items and does not necessarily endorse the views expressed within them.

BBC: UK's child mortality rate falls behind other countries

The UK is lagging behind other high income countries on cutting child mortality, international figures show.

<http://www.chimat.org.uk/resource/view.aspx?RID=90753>

BBC: Mother barred from death review

A mother demands the right to know exactly how her teenage son died after she was barred from a "lessons learned" review.

<http://www.chimat.org.uk/resource/view.aspx?RID=90825>

CommunityCare: Social workers 'powerless' on child neglect

More than one-third of social workers and police officers feel "powerless" to intervene in cases of suspected child neglect, according to research by Action for Children.

<http://www.chimat.org.uk/resource/view.aspx?RID=90904>

BBC: Couples should be able to chose their baby's sex

In this week's Scrubbing Up, bioethicist Stephen Wilkinson argues that people should be allowed to make a choice on the sex of their baby.

<http://www.chimat.org.uk/resource/view.aspx?RID=90909>

BBC: NHS 'reorganisation' is outlined

The NHS in England is to be reorganised with the downgrading of Strategic Health Authorities, the government says.

<http://www.chimat.org.uk/resource/view.aspx?RID=90910>

BJOG: Antihypertensive drugs in pregnancy and ADHD in childhood

A study published in BJOG hypothesises that the common drugs used to treat hypertension in pregnancy may have an

effect on child functional development.

<http://www.chimat.org.uk/resource/view.aspx?RID=90911>

NOO News: issue 4

Spring 2010 edition of NOO News – the newsletter from the National Obesity Observatory (NOO). This newsletter is produced twice yearly and is designed to support professionals working in obesity and related fields. It includes updates on NOO projects, publications and data analyses; reports and statistics from other organisations; and wider news and forthcoming events.

<http://www.chimat.org.uk/resource/view.aspx?RID=90918>

Action for Children: Social workers and police 'powerless' to intervene in cases of neglect, warns Action for Children

Over a third (37%) of social workers and police officers have felt powerless to intervene in cases where they have suspected a child is being neglected. When asked what needs to happen to ensure suspected cases of child neglect are dealt with more effectively, half (50%) stated the need for earlier intervention, new research published by Action for Children reveals today (Wednesday 26 May).

<http://www.chimat.org.uk/resource/view.aspx?RID=90920>

BBC: Births to older mothers 'trebled'

The number of births to older mothers almost trebled in 20 years and is continuing to rise, figures show.

<http://www.chimat.org.uk/resource/view.aspx?RID=90929>

NMC: Changes to Midwives exemptions

Latest NMC circular relating to medicines administered by a registered midwife.

<http://www.chimat.org.uk/resource/view.aspx?RID=90930>

NMC chairs first meeting of European nursing regulators on the review of EU legislation

The European Commission and regulators from 16 European countries met at the NMC today to discuss the future of EU legislation on the recognition of professional qualifications for nursing.

<http://www.chimat.org.uk/resource/view.aspx?RID=90932>

RCM: Slight fall in the number of live births for England

The number of live births in 2009 in England has fallen slightly compared to the previous year.

<http://www.chimat.org.uk/resource/view.aspx?RID=90934>

RCM: Smoking when pregnant causes pelvic pain

Smoking during pregnancy can result in pelvic pain in some women, according to new research.

<http://www.chimat.org.uk/resource/view.aspx?RID=90937>

CiW: New school nursing service launched

Health Minister Edwina Hart has launched the new school nursing service in Wales.

<http://www.chimat.org.uk/resource/view.aspx?RID=90940>

BBC: Hospitals warned on vagina swabs

Midwives and other staff who help deliver babies are warned not to leave swabs inside the vaginas of new mothers.

<http://www.chimat.org.uk/resource/view.aspx?RID=90981>

HSJ: New standards for NHS service change

Plans for major NHS service change will in future have to meet stricter standards, including the approval of GP commissioners, under rules to be announced next month.

<http://www.chimat.org.uk/resource/view.aspx?RID=90982>

National Childhood Obesity Week - Monday 5 July – Sunday 11 July 2010

With an estimated three million overweight and obese children in the UK, childhood obesity is one of the most serious health epidemics facing our society today. To raise awareness about this epidemic, MEND and the NOF have joined forces to launch National Childhood Obesity Week

<http://www.chimat.org.uk/resource/view.aspx?RID=91083>

CommunityCare: Loughton assures children's workers over DfE name change

The Department for Children, Schools and Families' name change to the Department for Education does not indicate a shift in focus away from children's services, according to children's minister Tim Loughton

<http://www.chimat.org.uk/resource/view.aspx?RID=91104>

Guides and Practice

Mixing of medicines prior to administration in clinical practice: medical and non-medical

prescribing

Following recommendations from the Commission on Human Medicines, medicines regulations were amended in December 2009 to enable doctors and other prescribers to mix medicines themselves and to direct others to mix medicines. These changes apply not only to palliative care, but to all clinical areas where the mixing of medicines prior to administration is accepted practice and supported by the employer's policies for delivery of healthcare.

<http://www.chimat.org.uk/resource/view.aspx?RID=91268>

Teen drop-in project engages youth

Teenagers are perhaps the hardest age group to reach out to. But Kent County Council has enjoyed great success by setting up a radical project that completely redesigned the way health and welfare services were delivered.

<http://www.chimat.org.uk/resource/view.aspx?RID=91271>

Diagnosis and management of idiopathic childhood constipation in primary and secondary care

Constipation in children and young people: diagnosis and management of idiopathic childhood constipation in primary and secondary care makes recommendations to healthcare workers on what to look out for and how to diagnose and manage 'idiopathic' constipation in babies, children and young people.

<http://www.chimat.org.uk/resource/view.aspx?RID=91278>

Policy and Government Reports

State of the nation report: poverty, worklessness and welfare dependency in the UK

This report sets out a comprehensive assessment of poverty in the UK in 2010. The Government will use it to inform policy decisions as it advances its aims of tackling poverty and improving life chances, to ensure that everyone has the best possible chance to fulfil their potential.

<http://www.chimat.org.uk/resource/view.aspx?RID=91089>

Reports

Brief report: An online support intervention: Perceptions of adolescents with physical disabilities

Adolescents with cerebral palsy and spina bifida report restricted interactions with peers and gaps in social support. A pilot online support intervention offered interactions with peers.

<http://www.chimat.org.uk/resource/view.aspx?RID=90754>

The lonely society

This report is aimed at raising awareness of loneliness and of the steps we can take to reduce isolation. It is based on a survey of about 2,000 people aged 18 and over, and they found that the younger people are more likely to experience loneliness on a more regular basis.

<http://www.chimat.org.uk/resource/view.aspx?RID=90821>

Self-Injurious Behavior in Adolescents

What constitutes non-suicidal self-injury (NSSI) is a matter of some debate, but its growing presence in mainstream and popular media as well as the growing number of anecdotal reports by physicians, therapists, and junior and senior high school counselors suggest that it may be, as some have called it, "the next teen disorder".

<http://www.chimat.org.uk/resource/view.aspx?RID=90908>

Postnatal depression: fathers have it too

In a meta-analysis of 43 studies, published in JAMA on May 19, James Paulson and Sharnail Bazemore concluded that the overall rate of paternal depression between the first trimester and 1 year after birth was 10-4%—more than double the background rate of depression in men...

<http://www.chimat.org.uk/resource/view.aspx?RID=91101>

A UK strategy for mental health and wellbeing

Mental ill-health is more widespread than many realise, with 16% of adults in the UK having a common mental disorder, such as depression, at any one time. Nearly 10% of children aged 5—16 years have a clinically diagnosable mental health problem which can often persist into adult life.

<http://www.chimat.org.uk/resource/view.aspx?RID=91112>

Children are key to CVD prevention (Editorial)

In adults, the increased cardiovascular risk associated with factors such as high blood pressure, elevated lipid levels, smoking, a sedentary lifestyle, and being overweight is well known; however, it is important to recognize that these risk factors often develop and begin to detrimentally affect health in childhood.

<http://www.chimat.org.uk/resource/view.aspx?RID=91114>

Key facts about child maltreatment

This briefing describes what child maltreatment is, its causes and consequences, and the characteristics of those who

abuse children. It also discusses the ways in which maltreatment can be prevented and stopped, and reviews the effectiveness of some interventions designed to keep maltreatment from happening in the first place.

<http://www.chimat.org.uk/resource/view.aspx?RID=91117>

Tools and Data

Children and young people diabetes community health profiles

The Diabetes Community Health Profiles aim to bring together a range of data on diabetes and related health issues and diabetes services. A Diabetes Community Health Profile – an overview is available for every PCT in England. It is designed to provide an overview of the key areas of diabetes care and highlight issues for further investigation. It can be used to benchmark against other PCTs and provides a starting point for needs assessment work. A series of Children and Young People Diabetes Community Health Profiles have been produced for each PCT and those provider trusts which participated in the 2009 Royal College of Paediatrics and Child Health Survey National Diabetes Survey.

<http://www.chimat.org.uk/resource/view.aspx?RID=90828>

Research

Efficacy of sweet solutions for analgesia in infants between 1 and 12 months of age: a systematic review

Objective: To compare the efficacy of oral sweet solutions to water or no treatment in infants aged 1–12 months during immunisation.

<http://www.chimat.org.uk/resource/view.aspx?RID=90826>

To understand and improve the experience of parents and carers who need advice when a child has a fever (high temperature). Research report

During the consultation on the document, Direction of Travel for Urgent Care (2006), concerns were expressed that the needs of children for urgent care services were not being adequately addressed, despite the fact that they are frequent users of urgent care services. In 2008, the Department of Health commissioned the RCPCH in collaboration with RCGP, CEM, NHS Direct, JRALC and Universities of Leicester and Nottingham to carry out a pilot study to explore the urgent care pathway using feverish illness as an indicator condition to track the child's journey through the pathway. The project is now complete and a copy of the report available.

<http://www.chimat.org.uk/resource/view.aspx?RID=90917>

The Association Between Community Physical Activity Settings and Youth Physical Activity, Obesity, and Body Mass Index

Background: This study examined the association between the level of physical activity (PA) friendliness of the built environment and adolescent PA and body mass index using a national sample of youth and data collected from the communities where they reside.

<http://www.chimat.org.uk/resource/view.aspx?RID=91080>

Improving parent satisfaction: an intervention to increase neonatal parent–provider communication

Objective: The objective of the study was to assess whether a targeted intervention improved the satisfaction of neonatal parents with primary medical provider communication.

<http://www.chimat.org.uk/resource/view.aspx?RID=91081>

Improving follow-up in hospitalised children

Objective: To improve the clinic follow-up rate of paediatric inpatients in a tertiary care hospital.

<http://www.chimat.org.uk/resource/view.aspx?RID=91086>

A multi-disciplinary education process related to the discharging of children from hospital when the child has been diagnosed with type 1 diabetes - a qualitative study

There is limited knowledge about how a diabetes team handles a child and its family from admission to discharge, therefore the purpose of this study was to seek a deeper understanding of how the diabetes team's parent / child education process works, from admission to discharge, among families with a child newly diagnosed with type 1 diabetes.

<http://www.chimat.org.uk/resource/view.aspx?RID=91087>

Consultations

NICE: Contraceptive services for socially disadvantaged young people: draft guidance consultation

NICE is developing public health guidance on the NHS provision of contraceptive services for socially disadvantaged young people up to the age of 25. All registered stakeholders for the above public health guidance are invited to comment on the draft guidance. This consultation will take place between 25 May and 23 June 2010.

Events

For details of these and many other events see the [Calendar of Events](#) on the ChiMat website

Future challenges for the NHS: looking ahead to the next five years

A half-day conference considering the questions: What does the coalition between the Conservative Party and the Liberal Democrats mean for health service staff and patients? What should the policy priorities of the new government be? It will focus on key issues including: Low growth and reduced public spending; Making cost savings; Abolishing targets; Commissioning.

Location: London

Start date: Monday, 7th June 2010

<http://www.chimat.org.uk/resource/view.aspx?RID=90927>

'Wait, watch and wonder': a profound approach to parenting

Announcing AIMH (UK) special event pre-WAIMH World Congress, forming part of AIMH (UK) Clinical Workshop series. This extraordinary presentation and workshop will be delivered by Dr Michael Zilbowitz, Sector Director Child and Family Health Services, New South Wales, Australia. This event will be of particular interest to: Child and Family Clinicians; Developmental and Behavioural Paediatricians; Occupational Therapists; Child and Family Health Nurses; Psychologists; Psychiatrists; Speech Pathologists.

Location: London

Start date: Saturday, 26th June 2010

<http://www.chimat.org.uk/resource/view.aspx?RID=90901>

A Practical Guide to Delivering High Quality Care for All through QIPP

The conference opens with an introduction to QIPP, Jim Easton National Director of the Quality and Productivity Challenge Department of Health and continues with a focus on driving up quality while improving productivity and looking at the challenge ahead.

Location: London

Start date: Monday, 28th June 2010

<http://www.chimat.org.uk/resource/view.aspx?RID=91113>

National childhood obesity week - 5-11 July 2010

With an estimated three million overweight and obese children in the UK, childhood obesity is one of the most serious health epidemics facing our society today. To raise awareness about this epidemic, MEND and the NOF have joined forces to launch National Childhood Obesity Week.

Location: National

Start date: Monday, 5th July 2010

<http://www.chimat.org.uk/resource/view.aspx?RID=91255>

Public health: Promoting health and the challenges ahead

The challenge to improve and maintain the health and wellbeing of the population is a difficult undertaking. The phrase 'prevention is better than cure' is often quoted; however, with the UK on the verge of an obesity epidemic, over 100,000 people dying each year from smoking related illnesses, and deaths from illegal drug use far too frequent, clearly we are not sufficiently successful in the area of 'prevention'. This conference will explore the way forward to safeguarding a healthier nation and will debate policies that can make a real impact. Professionals from the public health and health promotion sectors can hear from leading experts on the current and emerging challenges and how to overcome them.

Location: London

Start date: Thursday, 30th September 2010

<http://www.chimat.org.uk/resource/view.aspx?RID=90921>

NCSS participation conference

This conference will provide up to the minute exemplars of local and regional developments in participation which will help you build quality and innovation into your local services based on best evidence. It aims to include you in developing specific participation products which will help children and young people to be actively involved in the commissioning, development and delivery of CAMHS in the future.

Location: Leicester

Start date: Thursday, 28th October 2010

<http://www.chimat.org.uk/resource/view.aspx?RID=90657>

ChiMat eBulletins

Working with partners, ChiMat produce a number of eBulletins to keep you up to date:

- ChiMat knowledge update on children's, young people's and maternal health
- Mental health and psychological wellbeing
- Learning disabilities
- Perinatal and Infant Mental Health

Sign up to one or more at <http://www.chimat.org.uk/default.aspx?QN=CHMK9>

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