



## **Commissioning Early Intervention Services: ensuring quality, cost-effectiveness and user & family satisfaction in the West Midlands**

**8 October 2009, 10:30 – 15:30**

The Studio, 7 Cannon Street, Birmingham, B2 5EP

**WHO IS THIS FOR?** For commissioners and mental health leads; for EI service leads

**LEARNING OBJECTIVES** As we move into an era of no growth in resources come and find out why early intervention in youth mental health disorders a good deal.

1. Participate in a seminar with world leading practitioners and researchers of mental health provision in the field of youth mental health
2. Consider how you can redesign to make maximum use of resources whilst maintaining effectiveness

### **PROVISIONAL PROGRAMME**

Chair: Professor Swaran Singh, Clinical Lead for Mental Health, NHS West Midlands SHA

#### **MORNING SESSION: *Context – past, present & future***

- 10.30 Welcome and my hopes from today  
Ian Cumming, Chief Executive, NHS West Midlands SHA
- 10.45 The EI paradigm - how UK policy started:  
Dr Jo Smith, Joint National Early Intervention Programme Lead, NMHDU
- 11.00 What commissioners can expect from EI services:
- Clinical effectiveness evidence  
Prof Pat McGorry, University of Melbourne
  - Measuring effective/quality EI services  
Prof Ashok Malla, University of Montreal
  - Economic evidence  
Dr Paul McCrone and Prof Martin Knapp, Institute of Psychiatry, London
- 12.00 EI: a paradigm for other areas of mental health?  
Prof Max Birchwood, University of Birmingham

12.15 Questions to speakers

12.30 LUNCH

#### **AFTERNOON SESSION: *Making sense of the evidence for commissioners***

- 13.30 York EI service: commissioning for success  
Chris Almack, NHS North Yorkshire and York
- 13.45 What I bring to EI as a commissioner  
Dave Sweeney, Mental Health Commissioner, St Helen's PCT
- 14:00 Mental Health pathways and Payment by Results  
Michael Clark, Research Manager, NHS WM Regional Development Centre
- 14.05 Panel discussion
- 15.15 Summary: Prof Swaran Singh
- 15.30 Close