



South West Acute Inpatient & Crisis Resolution & Home Treatment Network Update

October/November 2009 (7)

Welcome to the seventh update on 'Acute Care' developments from both a National and Regional perspective

National Acute Care Programme Update

Feedback from the National Acute Summit

To maintain a focus on the development of high quality acute care provision the National Acute Project Board organised the Acute Summit in July. At the summit key stakeholders from the world of mental healthcare, including Royal Colleges, Chief Executives, Service User & Carer Organisations, Department of Health, were asked to:

- Agree a consensus statement or 'Declaration' for the development of high quality acute care mental health.
- To consider additional actions to that would enable Trusts to implement the 'Declaration' at local level.
- Ensure that that the Acute Declaration is linked to the NHS Next Stage review and the DH New Horizons mental health strategy.

Since the summit, further consultation and refinement of the declaration has taken place and the final version of the Acute Declaration will be formally launched at the at the NHS Confederation MH Network conference on 12th November. The Declaration will be posted on our Virtual Ward website for download or available in leaflet format. The next Newsletter will provide more information on the Declaration.

Virtual Ward Re-launch

We are in the process of redesigning and updating our Virtual Ward website which we will also be launching at the NHS Confederation MH Network conference on 12th November. We will be widely publicising this. However, as part of the updating, we are very keen to obtain any examples of good practice from you and your team which could be used to refresh the website.

If you or your teams have any positive examples you would like to share with us, could you click the link below, fill in your details, upload the document(s) and press the submit button

http://creator.zoho.com/simonnpearson/virtualward-resource-submission/form-perma/Virtualward_Resource_Submissions/

It's as easy as that!

We can then process it for display on the website

I would be grateful if you could circulate this to all your teams and retain this link for any future postings you may have as we wish to maintain a constant supply of fresh examples – which I know are out there in the South West!

Publications

“Getting the Medicines Right”

The new publication “Getting the Medicines Right” provides an evaluation of specific medicines management schemes and gives recommendations for their suitability within adult and older adult mental health wards; and a framework for better medicines management in an acute ward. In addition we are preparing a follow up publication to provide practical guidance on effective medicines management in crisis and home treatment services.

“Acute Integrated Pathways”

Due out shortly, “Acute Integrated Pathways” will be available in booklet and CD format. The publication aims to help Trusts develop integrated acute care pathways based on evidence based steps; and assist PCT Commissioners in identifying what could be expected at each stage of an acute pathway.

Guide to consent to treatment and admission for under 16s and 16 and 17 year olds

The law on consent for 16 and 17 year olds changed in January 2008. The revised Code of Practice also detailed guidance on consent for under 16 year olds. The issues regarding consent for treatment and admission are complex and are extensively explored in the Legal Aspect of the Care and Treatment of Young People with Mental Disorder: A Guide for Professionals which is available to download below or in hard copy.

These flowcharts have been designed for adult and CAMHS wards, and should be viewed in conjunction with the guide. They are available to download and print in four and two colour, and black and white at;

<http://www.nmhdu.org.uk/nmhdu/en/our-work/improving-mental-health-care-pathways/mental-health-act-2007-implementation-programme-children-and-young-peoples-workstream/>

A limited number of laminated flowcharts are available from Marketa.Simonva@nmhdu.org.uk

NMHDU Briefing

NMHDU has issued its first briefing about its current work which can be accessed at

<http://www.its-services.org.uk/silo/files/nmhdu-briefing-oct-09.pdf>

Alternatively you can access it from the NMHDU website at www.nmhdu.org.uk and subscribe to future copies

Mental Health World Class Commissioning – Quick Guide

The NMHDU and Commissioning Support for London has published a Quick Guide to Mental Health World Class Commissioning for clinicians and other mental health professionals, guiding them through the awareness, knowledge and application of World Class Commissioning principles in mental health.

<http://www.swdc.org.uk/silo/files/mental-health-world-commissioning--a-quick-guide-for-mental-health-professionals.pdf>

Smoking Cessation

Smoking summit at Royal College of Psychiatrists on 2nd October 2009

A summary of a recent summit held by the Royal College of Psychiatrists is available at:

<http://www.its-services.org.uk/silo/files/smoking-summit-summary.doc>

Further resources for smoking cessation including for those with mental illness include:

- Faculty of Public Health position statement on smoking and mental health (July 2008)
- NHS Stop Smoking Services: Service and monitoring guidance update including section on mental illness and substance misuse (February 2009)
- NICE guidance on smoking – a summary of all the NICE guidance on smoking
- Primary Care Forum website at www.rcpsych.ac.uk/college/mentalhealthinprimarycare.aspx
- Primary care guidance on smoking cessation for those with mental illness (December 2008) <http://www.rcpsych.ac.uk/pdf/Smoking%20mental%20health%20primary%20care%20factsheet.pdf>
- www.quittinginmind.net . Lisa McNally and London Development Centre
- Help at Hand leaflet providing information to smokers and staff <http://www.rcpsych.ac.uk/mentalhealthinfo/problems/smokingandmentalhealth.aspx>
- Taking a deep breath (2007) by Mental health Foundation. Chapter 6 lists

Dual Diagnosis

The Dual Diagnosis Themed Review report (DH, 2008) identified the need for service providers and commissioners to develop and improve local dual diagnosis strategies.

Developing a Capable Dual Diagnosis Strategy

Developing a Capable Dual Diagnosis Strategy has just been published by the NMH DU programme team to help local services develop their local strategy.

<http://www.swdc.org.uk/silo/files/developing-a-capable-dual-diagnosis-strategy-new.pdf>

Seeing Double: meeting the challenge of Dual Diagnosis

The NHS Confederation and NMH DU programme team have produced a briefing, outlining the key themes and trends for service providers and commissioners to consider

<http://www.its-services.org.uk/silo/files/seeing-double-.pdf>

For further information go [national dual diagnosis network PROGRESS \(www.dualdiagnosis.co.uk\)](http://www.dualdiagnosis.co.uk) or www.nmhdu.org.uk

National Patient Safety Agency

NPSA Mental Health Conference

The NPSA are holding a mental health conference on Wednesday November the 25th which will be at St Johns Hotel Solihull Birmingham. The title of the conference is "Mental Health Services: making them safer". The NPSA will launch the updated version of the suicide prevention toolkit and details of the conference and application form can be found on their web site www.andrewsimscentre.nhs.uk

Management of Violence

The definitive guidance of the therapeutic management of violence is currently being agreed with the Department of Health and will include additional sections on: children and adolescents; older people; and sexual safety. The eventual launch will coincide with the final agreement on the national scheme for the regulation of trainers and accreditation of training. Continue to watch this space - still no new news on this long awaited and much needed document and scheme.

Star Wards

Marion Janner and the Star Wards Project continue to influence the National Agenda and have published a booklet called "Talk well". "Talk well". This is an excellent resource to assist mental health workers in managing conversations with acutely unwell individuals. I recommend that you all read this publication

<http://www.swdc.org.uk/silo/files/talk-well.pdf>

Remember if you haven't already joined Star Wards or would like to find out more about this contact Marion and her colleagues on www.starwards.org.uk

As usual, the publications will be available to download from the Virtual Ward website with a limited number of hard copies available via South West Development Centre.

Regional Acute Care Update

Regional Acute Care Network Meeting

We are currently planning our next South West Acute (inpatient and crisis resolution) **Network meeting for January 2010**. The event will focus on five themes for the development of quality acute care outlined in the Acute Declaration and we would like to show case good practice examples from around the South West Region. The network aims provide a regional focus for the development of local acute services and will only continue with you support, so please contact Alan Howard, SWDC Development Consultant if you would be willing to share your good practice. More details will follow in a December/January Newsletter.

If you would like to contribute to future event or share your local good practice initiatives, please contact Alan Howard SWDC Development Consultant at alan.howard@dhft.nhs.uk or on 07876 453497

Maintaining a National Profile for Acute Care for the South West

The Project Board brings together all the key stakeholders for Acute Care from the Department of Health, Strategic Health Authorities, key government departments, NHS Confederation and Royal Colleges and provides an opportunity to both coordinate and influence the direction of Acute Care Services in England. This summer the Project Board organised the National Acute Summit to develop the 'Acute Care Declaration'. If you would like to know more about the Project Board or have copies of its minutes please contact Alan Howard.

Hard copies of NIMHE/CSIP/NMHDU Publications

Copies of the following documents are a still available from the SWDC, if you would like a copies please contact the SWDC team at Mallard Court on 01278 432002. Copies are limited and available on a first come basis.

TITLE	No. of Copies Held	
Strategies to Reduce Missing Patients	51	
More Than Just Staff Numbers	8	
Star Wards 2 The Sequel	11	
Mental Health Assessment – 3 keys to a shared approach	95	
From Values to Action: The Chief Nursing Officer's Review of Mental Health Nursing	19	
A Positive Outlook	30	
Informed Gender Practice	30	
NPSA Seven Steps to Patient Safety in Mental Health	96	
Green Light for Mental Health (MH Service for individuals with a learning disability)	31	
Partnerships in the Making – Carers in Mental Health DVD	66	
ESC Dual Diagnosis Training Resource – CD-ROM	36	
Dual Diagnosis Executive Summary	29	
Valuing and Support	20	
Acute Spirituality	Booklet 100	Leaflet 50
Getting the Medicines Right	50	

This news letter was prepared by Alan Howard. **Please contribute your examples of local of Good Practice for the next newsletter.** If you would like to contribute or promote a local good practice initiative please e-mail Alan Howard Nurse Consultant & SW Acute Development Consultant at alan.howard@dhft.nhs.uk or alternately check out our new interactive South West Development Centre website at <http://www.swdc.org.uk>